



# Úrslit

## Ægir-sprint 2026

Stað: Hylur: 25m

Fyrireikari: Ægir  
Stevnudagur: mai 16, 2026 til mai 16, 2026

### Kapping 1, 50m Firvald Kvinnur - Final

FAR 27.67 Kristina Elin Thomsen 1998 Suðuroyar Svímjifelag (FR Torshavn (FRO) 11.05.2012  
FAR.JR 27.67 Kristina Elin Thomsen 1998 Suðuroyar Svímjifelag (FR Torshavn (FRO) 11.05.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Ægir		499	30.18	
2	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag		489	30.37	+0.19
3	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		442	31.42	+1.24
4	Durita Mohr Askham	2008 Ægir		423	31.87	+1.69
5	Lilja Sørensen	2011 Havnar Svímjifelag		328	34.68	+4.50
6	Lea Petersen	2009 Ægir		300	35.76	+5.58
7	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		267	37.16	+6.98
8	Delaila H. Gregersen	2013 Ægir		226	39.25	+9.07
9	India Linnea Bech	2011 Havnar Svímjifelag		226	39.26	+9.08
10	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		216	39.89	+9.71
11	Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag		209	40.30	+10.12
12	Ebba Kirke Davidsen	2013 Suðuroyar Svímjifelag		180	42.34	+12.16
13	Katrina Mc Intosh	2015 Havnar Svímjifelag		154	44.59	+14.41
14	Annabella Annbrittardóttur Henrik	2014 Havnar Svímjifelag		154	44.63	+14.45
15	Viktoria Klettskarð	2013 Ægir		153	44.73	+14.55
16	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag		107	50.32	+20.14
17	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag		104	50.84	+20.66
18	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		102	51.21	+21.03
19	Urd Jákupsdóttir	2015 Havnar Svímjifelag		78	55.90	+25.72
20	Mira Sumberg	2014 Havnar Svímjifelag		67	58.88	+28.70

Kapping almenn: 16.05.2026 13:43:40

### Kapping 2, 50m Firvald Menn - Final

FAR 24.63 Ísak Brisenfeldt 2006 Havnar Svímjifelag (FRO) Torshavn (FRO) 12.12.2025  
FAR.JR 24.70 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Saint-Dizier (FRA) 18.11.2011

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag		529	26.35	
2	Fróði Hansen	2008 Ægir		495	26.94	+0.59
3	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		452	27.78	+1.43
4	Bárður Ólavsson	2008 Ægir		410	28.69	+2.34
5	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		352	30.19	+3.84
6	Benjamin Havn	2011 Ægir		305	31.65	+5.30
7	Nóa Róason Stakksund	2011 Havnar Svímjifelag		246	33.99	+7.64
8	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		241	34.23	+7.88
9	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		240	34.30	+7.95
10	Andrias Mellemgard	S9 2009 Havnar Svímjifelag		213	35.68	+9.33
11	Elias Í Lágabø	2014 Suðuroyar Svímjifelag		193	36.86	+10.51
12	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		185	37.41	+11.06

19-05-2026 19:46:05

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 1/17



## Kapping 2, 50m Firvald Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
13	Sævar Strøm	2014 Suðuroyar Svímjifelag		182	<b>37.60</b>	+11.25
14	Kian V. Eliassen	2013 Fuglafjarðar Svímjifelag		177	<b>37.93</b>	+11.58
15	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		158	<b>39.38</b>	+13.03
16	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag		91	<b>47.39</b>	+21.04
17	Jonnhard Winther	2015 Suðuroyar Svímjifelag		64	<b>53.09</b>	+26.74

Kapping almenn: 16.05.2026 13:44:08

## Kapping 3, 100m Rygg Kvinnur - Final

FAR 1:00.26 Elisabeth Erlendsdóttir 2005 Havnar Svímjifelag (FRO) Kirkwall (GBR) 15.07.2025  
 FAR.JR 1:00.50 Signhild Joensen 2000 Ægir Klaksvik (FRO) Reykjavik (ISL) 01.12.2017

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jórun Winther 50m: 39.29	2011 Suðuroyar Svímjifelag 100m: 1:18.96 (39.67)		320	<b>1:18.96</b>	
2	Jytte Kirke Davidsen 50m: 45.28	2013 Suðuroyar Svímjifelag 100m: 1:34.03 (48.75)		189	<b>1:34.03</b>	+15.07
3	Kaya Ziska Hofgaard 100m: 1:36.88 (1:36.88)	2014 Havnar Svímjifelag		173	<b>1:36.88</b>	+17.92
4	Tóta Sofía Gudmundsen 50m: 48.30	2014 Suðuroyar Svímjifelag 100m: 1:36.93 (48.63)		173	<b>1:36.93</b>	+17.97
5	Karita Tórðardóttir 50m: 47.08	2013 Suðuroyar Svímjifelag 100m: 1:37.22 (50.14)		171	<b>1:37.22</b>	+18.26
6	Katrina Mc Intosh 50m: 47.89	2015 Havnar Svímjifelag 100m: 1:39.25 (51.36)		161	<b>1:39.25</b>	+20.29

Kapping almenn: 16.05.2026 13:48:11

## Kapping 4, 100m Rygg Menn - Final

FAR 54.45 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012  
 FAR.JR 54.45 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Silas Dam Lindberg 50m: 30.30	2008 Havnar Svímjifelag 100m: 1:02.99 (32.69)		451	<b>1:02.99</b>	
2	Bragi Bjarnason 50m: 37.96	2012 Havnar Svímjifelag 100m: 1:18.74 (40.78)		231	<b>1:18.74</b>	+15.75
3	Kian V. Eliassen 50m: 38.84	2013 Fuglafjarðar Svímjifelag 100m: 1:20.20 (41.36)		218	<b>1:20.20</b>	+17.21
4	Elias Í Lágabø 50m: 39.06	2014 Suðuroyar Svímjifelag 100m: 1:22.40 (43.34)		201	<b>1:22.40</b>	+19.41
5	Bænadikt Helig Eliassen 50m: 41.67	2013 Fuglafjarðar Svímjifelag 100m: 1:24.84 (43.17)		184	<b>1:24.84</b>	+21.85
6	Jonnhard Winther 50m: 46.12	2015 Suðuroyar Svímjifelag 100m: 1:32.77 (46.65)		141	<b>1:32.77</b>	+29.78

Kapping almenn: 16.05.2026 13:48:29

## Kapping 5, 100m Frí Kvinnur - Final

FAR 56.21 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Melbourne (AUS) 14.12.2022  
 FAR.JR 56.98 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Reykjavik (ISL) 02.12.2017

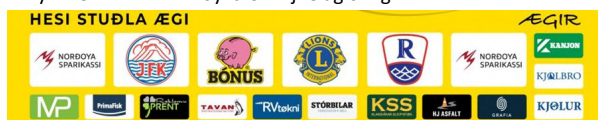
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jórun Winther 50m: 29.81	2011 Suðuroyar Svímjifelag 100m: 1:01.78 (31.97)		538	<b>1:01.78</b>	



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### Kapping 5, 100m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		499	1:03.35	+1.57
	50m: 30.55	100m: 1:03.35 (32.80)				
3	Durita Mohr Askham	2008 Ægir		481	1:04.13	+2.35
	50m: 31.17	100m: 1:04.13 (32.96)				
4	Lea Petersen	2009 Ægir		471	1:04.54	+2.76
	50m: 30.85	100m: 1:04.54 (33.69)				
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		456	1:05.27	+3.49
	50m: 31.08	100m: 1:05.27 (34.19)				
6	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag		451	1:05.52	+3.74
	50m: 31.32	100m: 1:05.52 (34.20)				
7	Lilja Sørensen	2011 Havnar Svímjifelag		378	1:09.47	+7.69
	50m: 33.46	100m: 1:09.47 (36.01)				
8	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		376	1:09.62	+7.84
	50m: 33.38	100m: 1:09.62 (36.24)				
9	Sólfríð H. Johannessen	2013 Ægir		359	1:10.67	+8.89
	50m: 34.17	100m: 1:10.67 (36.50)				
10	Randi Brim Hvidbro	2012 Ægir		348	1:11.40	+9.62
	50m: 34.01	100m: 1:11.40 (37.39)				
11	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		337	1:12.19	+10.41
	50m: 34.08	100m: 1:12.19 (38.11)				
12	Hanna Lilja Jacobsen	2015 Ægir		315	1:13.83	+12.05
	50m: 36.20	100m: 1:13.83 (37.63)				
13	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		311	1:14.14	+12.36
	50m: 34.69	100m: 1:14.14 (39.45)				
14	Delaila H. Gregersen	2013 Ægir		303	1:14.79	+13.01
	50m: 36.12	100m: 1:14.79 (38.67)				
15	Jonna Steinberg Joensen	2014 Ægir		260	1:18.65	+16.87
	50m: 36.80	100m: 1:18.65 (41.85)				
16	Durita Davidsen	2011 Ægir		258	1:18.86	+17.08
	50m: 36.48	100m: 1:18.86 (42.38)				
17	Viktoría Klettskarð	2013 Ægir		256	1:19.11	+17.33
	50m: 38.01	100m: 1:19.11 (41.10)				
18	Tabita Vón Ebbadóttir	2013 Ægir		246	1:20.15	+18.37
	50m: 37.74	100m: 1:20.15 (42.41)				
19	Katrina Mc Intosh	2015 Havnar Svímjifelag		245	1:20.29	+18.51
	50m: 37.14	100m: 1:20.29 (43.15)				
20	Ebba Kirke Davidsen	2013 Suðuroyar Svímjifelag		236	1:21.31	+19.53
	50m: 38.55	100m: 1:21.31 (42.76)				
=21	Urd Jákupsdóttir	2015 Havnar Svímjifelag		217	1:23.60	+21.82
	50m: 40.57	100m: 1:23.60 (43.03)				
=21	Anna K. Lydersen	2013 Ægir		217	1:23.60	+21.82
	50m: 39.69	100m: 1:23.60 (43.91)				
23	Annabella Annbriardóttir Henrik	2014 Havnar Svímjifelag		216	1:23.65	+21.87
	50m: 38.79	100m: 1:23.65 (44.86)				
24	Jytte Kirke Davidsen	2013 Suðuroyar Svímjifelag		208	1:24.69	+22.91
	50m: 40.14	100m: 1:24.69 (44.55)				
25	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag		187	1:27.76	+25.98
	50m: 41.12	100m: 1:27.76 (46.64)				
26	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		174	1:29.90	+28.12
	50m: 43.72	100m: 1:29.90 (46.18)				



## Kapping 5, 100m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
27	Karita Tórðardóttir 50m: 43.06	2013 Suðuroyar Svímjifelag 100m: 1:32.58 (49.52)		159	<b>1:32.58</b>	+30.80
28	Mira Sumberg 50m: 48.05	2014 Havnar Svímjifelag 100m: 1:42.58 (54.53)		117	<b>1:42.58</b>	+40.80
- Felisia Florinsdóttir		2012 Fuglafjarðar Svímjifelag			<b>DNS</b>	

Kapping almenn: 16.05.2026 14:04:32

## Kapping 6, 100m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham 50m: 25.08	2006 Ægir 100m: 52.09 (27.01)		637	<b>52.09</b>	
2	Haraldur Mortensen 50m: 27.71	2010 Suðuroyar Svímjifelag 100m: 56.91 (29.20)		489	<b>56.91</b>	+4.82
3	Ólavur Winther Jákupsson 50m: 28.05	2008 Havnar Svímjifelag 100m: 58.40 (30.35)		452	<b>58.40</b>	+6.31
4	Benjamin Havn 50m: 28.64	2011 Ægir 100m: 58.90 (30.26)		441	<b>58.90</b>	+6.81
5	Fríðálvur Eliassen 50m: 30.09	2011 Fuglafjarðar Svímjifelag 100m: 1:01.60 (31.51)		385	<b>1:01.60</b>	+9.51
6	Nóa Róason Stakksund 50m: 30.99	2011 Havnar Svímjifelag 100m: 1:02.57 (31.58)		368	<b>1:02.57</b>	+10.48
7	Jónatan Samuelsen 50m: 29.61	2010 Havnar Svímjifelag 100m: 1:03.33 (33.72)		354	<b>1:03.33</b>	+11.24
8	Jógvan Vesturtún 50m: 31.18	2013 Fuglafjarðar Svímjifelag 100m: 1:04.38 (33.20)		337	<b>1:04.38</b>	+12.29
9	Bragi Bjarnason 50m: 32.35	2012 Havnar Svímjifelag 100m: 1:06.71 (34.36)		303	<b>1:06.71</b>	+14.62
10	Kían V. Eliassen 50m: 32.82	2013 Fuglafjarðar Svímjifelag 100m: 1:07.57 (34.75)		292	<b>1:07.57</b>	+15.48
11	Andrias Mellemgard 50m: 33.18	S9 2009 Havnar Svímjifelag 100m: 1:08.01 (34.83)		286	<b>1:08.01</b>	+15.92
12	Eliás Í Lágabø 50m: 35.26	2014 Suðuroyar Svímjifelag 100m: 1:14.29 (39.03)		219	<b>1:14.29</b>	+22.20
13	Bænadikt Helig Eliassen 50m: 36.82	2013 Fuglafjarðar Svímjifelag 100m: 1:14.80 (37.98)		215	<b>1:14.80</b>	+22.71
14	Jonnhard Winther 50m: 40.05	2015 Suðuroyar Svímjifelag 100m: 1:21.80 (41.75)		164	<b>1:21.80</b>	+29.71
15	Sofus Rúnason Johannesen 50m: 42.39	2012 Havnar Svímjifelag 100m: 1:30.28 (47.89)		122	<b>1:30.28</b>	+38.19
16	Lukas Finsson Ellingsgaard 50m: 46.92	2016 Havnar Svímjifelag 100m: 1:37.59 (50.67)		97	<b>1:37.59</b>	+45.50
- Bartal Erlingsson Eidesgaard		2003 Havnar Svímjifelag			<b>DNS</b>	
- Tórir Olsen		2011 Ægir			<b>DNS</b>	
- Teitur Miné Róason		2011 Havnar Svímjifelag			<b>DNS</b>	

Kapping almenn: 16.05.2026 14:18:39

## Kapping 7, 200m Bringu Kvinnur - Final

FAR	2:30.72	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Reykjavik (ISL)	28.11.2025
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## Kapping 7, 200m Bringu Kvinnur - Final

FAR.JR 2:30.72 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Reykjavik (ISL) 28.11.2015

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Ægir		632	2:34.37	(40.04)
	50m: 35.35	100m: 1:14.50 (39.15)	150m: 1:54.33 (39.83)		200m: 2:34.37	
2	India Linnea Bech	2011 Havnar Svímjifelag		360	3:06.13	+31.76
	50m: 42.95	100m: 1:29.64 (46.69)	150m: 2:17.80 (48.16)		200m: 3:06.13	(48.33)
3	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		332	3:11.19	+36.82
	50m: 45.26	100m: 1:34.00 (48.74)	150m: 2:23.03 (49.03)		200m: 3:11.19	(48.16)
4	Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag		282	3:21.99	+47.62
	50m: 47.45	100m: 1:37.65 (50.20)	150m: 2:29.75 (52.10)		200m: 3:21.99	(52.24)
5	Urd Jákupsdóttir	2015 Havnar Svímjifelag		187	3:51.59	+1:17.22
	50m: 51.65	100m: 1:50.61 (58.96)	150m: 2:51.90 (1:01.29)		200m: 3:51.59	(59.69)
-	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 16.05.2026 14:20:01

## Kapping 8, 200m Bringu Menn - Final

FAR 2:14.82 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Jersey (GBR) 02.07.2015

FAR.JR 2:18.95 Rókur Trygvason 2000 Ægir Klaksvik (FRO) Torshavn (FRO) 26.10.2018

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		269	3:05.92	(48.02)
	50m: 41.89	100m: 1:28.79 (46.90)	150m: 2:17.90 (49.11)		200m: 3:05.92	
2	Sævar Strøm	2014 Suðuroyar Svímjifelag		158	3:42.01	+36.09
	50m: 48.73	100m: 1:46.75 (58.02)	150m: 2:44.84 (58.09)		200m: 3:42.01	(57.17)

Kapping almenn: 16.05.2026 14:34:31

## Kapping 9, 200m Blandað Kvinnur - Final

FAR 2:16.52 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Bergen (NOR) 11.12.2015

FAR.JR 2:16.52 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Bergen (NOR) 11.12.2015

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Sólfríð H. Johannessen	2013 Ægir		294	3:02.81	(41.22)
	50m: 39.38	100m: 1:27.96 (48.58)	150m: 2:21.59 (53.63)		200m: 3:02.81	
2	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		222	3:20.68	+17.87
	50m: 45.22	100m: 1:33.58 (48.36)	150m: 2:35.12 (1:01.54)		200m: 3:20.68	(45.56)
3	Urd Jákupsdóttir	2015 Havnar Svímjifelag		146	3:50.51	+47.70
	50m: 1:00.24	100m: 1:59.54 (59.30)	150m: 3:04.82 (1:05.28)		200m: 3:50.51	(45.69)
4	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag		146	3:50.93	+48.12
	50m: 54.08	100m: 1:53.92 (59.84)	150m: 3:00.41 (1:06.49)		200m: 3:50.93	(50.52)

Kapping almenn: 16.05.2026 14:36:20

## Kapping 10, 200m Blandað Menn - Final

FAR 2:01.23 Ísak Brisenfeldt 2006 Havnar Svímjifelag (FRO) Klaksvik (FRO) 07.11.2025

FAR.JR 2:05.26 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Thisted (DEN) 25.11.2011

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Silas Dam Lindberg	2008 Havnar Svímjifelag		580	2:10.51	(29.54)
	50m: 29.34	100m: 1:04.03 (34.69)	150m: 1:40.97 (36.94)		200m: 2:10.51	
2	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		342	2:35.65	+25.14
	50m: 33.05	100m: 1:15.07 (42.02)	150m: 2:01.38 (46.31)		200m: 2:35.65	(34.27)
3	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		255	2:51.61	+41.10
	50m: 37.77	100m: 1:21.34 (43.57)	150m: 2:08.90 (47.56)		200m: 2:51.61	(42.71)
4	Bragi Bjarnason	2012 Havnar Svímjifelag		251	2:52.58	+42.07
	50m: 36.54	100m: 1:19.67 (43.13)	150m: 2:14.12 (54.45)		200m: 2:52.58	(38.46)

## Kapping 10, 200m Blandað Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
5	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		133	3:33.00	+1:22.49
	50m: 47.07	100m: 1:42.85 (55.78)	150m: 2:47.87 (1:05.02)		200m: 3:33.00 (45.13)	
-	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag			DSQ	
	SW 9.4 Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)					
-	Tórir Olsen	2011 Ægir			DNS	
Kapping almenn: 16.05.2026 14:42:34						

## Kapping 11, 100m Firvald Kvinnur - Final

FAR 1:01.93 Poula Mohr 1995 Havnar Svímjifelag (FRO) Torshavn (FRO) 14.04.2013  
 FAR.JR 1:03.15 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Torshavn (FRO) 26.03.2017

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Ægir		481	1:07.24	
	50m: 31.03	100m: 1:07.24 (36.21)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		426	1:10.04	+2.80
	50m: 33.02	100m: 1:10.04 (37.02)				
3	Durita Mohr Askham	2008 Ægir		390	1:12.11	+4.87
	50m: 33.46	100m: 1:12.11 (38.65)				
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		311	1:17.79	+10.55
	50m: 34.92	100m: 1:17.79 (42.87)				
5	Ebba Kirke Davidsen	2013 Suðuroyar Svímjifelag		137	1:42.15	+34.91
	50m: 45.19	100m: 1:42.15 (56.96)				
6	Annabella Annbrittardóttir Henrik	2014 Havnar Svímjifelag		106	1:51.06	+43.82
	50m: 49.28	100m: 1:51.06 (1:01.78)				
7	Urd Jákupsdóttir	2015 Havnar Svímjifelag		62	2:12.72	+1:05.48
	50m: 1:02.11	100m: 2:12.72 (1:10.61)				
Kapping almenn: 16.05.2026 14:50:18						

## Kapping 12, 100m Firvald Menn - Final

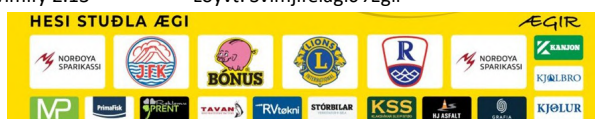
FAR 53.67 Ísak Brisenfeldt 2006 Havnar Svímjifelag (FRO) Torshavn (FRO) 09.11.2024  
 FAR.JR 53.67 Ísak Brisenfeldt 2006 Havnar Svímjifelag (FRO) Torshavn (FRO) 09.11.2024

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Ægir		525	59.14	
	50m: 27.20	100m: 59.14 (31.94)				
2	Bárður Ólavsson	2008 Ægir		480	1:00.90	+1.76
	50m: 28.64	100m: 1:00.90 (32.26)				
3	Theodor Salter	2011 Havnar Svímjifelag		451	1:02.19	+3.05
	50m: 28.89	100m: 1:02.19 (33.30)				
4	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		374	1:06.20	+7.06
	50m: 30.46	100m: 1:06.20 (35.74)				
5	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		320	1:09.75	+10.61
	50m: 32.50	100m: 1:09.75 (37.25)				
6	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		105	1:40.95	+41.81
	50m: 47.89	100m: 1:40.95 (53.06)				
7	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag		62	1:59.99	+1:00.85
	50m: 57.34	100m: 1:59.99 (1:02.65)				
Kapping almenn: 16.05.2026 14:50:11						

## Kapping 13, 200m Rygg Kvinnur - Final

FAR 2:09.32 Signhild Joensen 2000 Ægir Klaksvík (FRO) Reykjavík (ISL) 03.12.2017  
 FAR.JR 2:09.32 Signhild Joensen 2000 Ægir Klaksvík (FRO) Reykjavík (ISL) 03.12.2017

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
19-05-2026 19:46:07 Dátaviðgerð: Swímify 2.13 Loyvt: Svímjifelagið Ægir Síða 6/17						





# Úrslit

## Kapping 13, 200m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jórun Winther	2011 Suðuroyar Svímjifelag		413	<b>2:38.40</b>	
	50m: 40.18	100m: 1:20.79 (40.61)	150m: 2:00.54 (39.75)		200m: 2:38.40 (37.86)	
2	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag		164	<b>3:35.56</b>	+57.16
	50m: 51.51	100m: 1:48.14 (56.63)	150m: 2:42.88 (54.74)		200m: 3:35.56 (52.68)	
3	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag		139	<b>3:47.62</b>	+1:09.22
	50m: 57.28	100m: 1:55.92 (58.64)	150m: 2:52.54 (56.62)		200m: 3:47.62 (55.08)	

Kapping almenn: 16.05.2026 15:07:02

## Kapping 14, 200m Rygg Menn - Final

FAR	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011
FAR.JR	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bragi Bjarnason	2012 Havnar Svímjifelag		244	<b>2:48.94</b>	
	50m: 39.72	100m: 1:22.53 (42.81)	150m: 2:06.68 (44.15)		200m: 2:48.94 (42.26)	
2	Elias Í Lágabø	2014 Suðuroyar Svímjifelag		204	<b>2:59.23</b>	+10.29
	50m: 43.82	100m: 1:30.02 (46.20)	150m: 2:17.24 (47.22)		200m: 2:59.23 (41.99)	
3	Jonnhard Winther	2015 Suðuroyar Svímjifelag		146	<b>3:20.32</b>	+31.38
	50m: 50.54	100m: 1:42.38 (51.84)	150m: 2:34.43 (52.05)		200m: 3:20.32 (45.89)	

Kapping almenn: 16.05.2026 15:08:05

## Kapping 15, 4x50m Blandað Kvinnur - Final

FAR.JR	2:01.00	Ægir Klaksvík	Ægir Klaksvík (FRO)	Klaksvík (FRO)	13.02.2016
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Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir	19	Ægir	518	<b>2:07.37</b>	
	Jóhanna Ólavsdóttir	2007		32.57	32.57	
	Lea Osberg Højsted	2008	+0.25	32.98	1:05.55	
	Durita Mohr Askham	2008	+0.47	32.19	1:37.74	
	Lea Petersen	2009	+0.44	29.63	2:07.37	
2	Fuglafjarðar Svímjifelag	19	Fuglafjarðar Svímjifelag	398	<b>2:19.11</b>	+11.74
	Sirið Vesturtún	2011		34.94	34.94	
	Birita Vesturtún	2007	+0.23	38.45	1:13.39	
	Rebekka Róðinsdóttir	2007	---	31.87	1:45.26	
	Rakul J Højbro	2011	+0.12	33.85	2:19.11	
3	HS Kvinnur	15	Havnar Svímjifelag	261	<b>2:40.10</b>	+32.73
	Annabella Annbrittardóttir	2014		46.17	46.17	
	Henriksen					
	India Linnea Bech	2011	+0.51	41.57	1:27.74	
	Noomi Hella Jacobsen	2012	+0.51			
	Lilja Sørensen	2011	---	2:40.10	2:40.10	
4	HS Gentur	12	Havnar Svímjifelag	148	<b>3:13.27</b>	+1:05.9
	Katrina Mc Intosh	2015		43.50	43.50	
	Urd Jákupsdóttir	2015	+0.58	53.61	1:37.11	
	Kaya Ziska Hofgaard	2014	+0.68	53.36	2:30.47	
	Mira Sumberg	2014	+0.61	42.80	3:13.27	

Kapping almenn: 16.05.2026 15:14:32

## Kapping 16, 4x50m Blandað Menn - Final

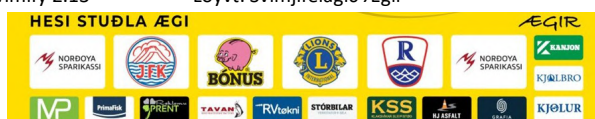
FAR.JR	1:49.52	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	14.12.2024
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19-05-2026 19:46:08

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjeflagið Ægir

Síða 7/17



## Kapping 16, 4x50m Blandað Menn - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
<b>1</b>	<b>Ægir</b>		20 Ægir	487	<b>1:53.98</b>	
	Bárður Ólavsson	2008		29.82	29.82	
	Heini Mohr Askham	2006		+0.38	29.95	59.77
	Fróði Hansen	2008		+0.34	26.72	1:26.49
	Benjamin Havn	2011		+0.48	27.49	1:53.98
<b>2</b>	<b>HS Menn</b>		18 Havnar Svímjifelag	448	<b>1:57.20</b>	+3.22
	Óli Mikkelsen	2008		27.99	27.99	
	Ólavur Winther Jákupsson	2008		+0.31	37.45	1:05.44
	Silas Dam Lindberg	2008		+0.11	26.61	1:32.05
	Theodor Salter	2011		+0.08	25.15	1:57.20
<b>3</b>	<b>HS dreingir</b>		17 Havnar Svímjifelag	284	<b>2:16.36</b>	+22.38
	Jónatan Samuelsen	2010		35.43	35.43	
	Nóa Róason Stakksund	2011		---	38.32	1:13.75
	Teitur Miné Róason	2011		---	30.91	1:44.66
	Andrias Mellemgard	2009	S9	---	31.70	2:16.36
<b>4</b>	<b>Fuglafjarðar Svímjifelag</b>		15 Fuglafjarðar Svímjifelag	248	<b>2:22.63</b>	+28.65
	Kían V. Eliassen	2013		37.60	37.60	
	Jógvan Vesturtún	2013		+0.53	39.27	1:16.87
	Fríðálvur Eliassen	2011		+0.61	30.67	1:47.54
	Bænadikt Helig Eliassen	2013		---	35.09	2:22.63
<b>5</b>	<b>HS Unglingar</b>		14 Havnar Svímjifelag	149	<b>2:48.97</b>	+54.99
	Sofus Rúnason Johannesen	2012		49.32	49.32	
	Aleks Uadhaw Thomsen	2013		+0.38	39.91	1:29.23
	Bragi Bjarnason	2012		+0.51	36.16	2:05.39
	Lukas Finsson Ellingsgaard	2016		---	43.58	2:48.97

Kapping almenn: 16.05.2026 15:14:38

## Kapping 17, 50m Bringu Kvinnur - Final

FAR 32.11 Lea Osberg Højsted 2008 Ægir Klaksvík (FRO) Klaksvík (FRO) 07.11.2025  
 FAR.JR 32.11 Lea Osberg Højsted 2008 Ægir Klaksvík (FRO) Klaksvík (FRO) 07.11.2025

Raðf	Navn	Føðia	Felag	R.T	AQU	Tíð	Munur
<b>1</b>	<b>Sirið Vesturtún</b>		2011 Fuglafjarðar Svímjifelag		423	<b>37.78</b>	
<b>2</b>	<b>Birita Vesturtún</b>		2007 Fuglafjarðar Svímjifelag		418	<b>37.93</b>	+0.15
<b>3</b>	<b>Felisia Florinsdóttir</b>		2012 Fuglafjarðar Svímjifelag		317	<b>41.60</b>	+3.82
<b>4</b>	<b>India Linnea Bech</b>		2011 Havnar Svímjifelag		312	<b>41.80</b>	+4.02
<b>5</b>	<b>Rakul J Højbro</b>		2011 Fuglafjarðar Svímjifelag		295	<b>42.57</b>	+4.79
<b>6</b>	<b>Noomi Hella Jacobsen</b>		2012 Havnar Svímjifelag		275	<b>43.59</b>	+5.81
<b>7</b>	<b>Katrina Mc Intosh</b>		2015 Havnar Svímjifelag		214	<b>47.38</b>	+9.60
<b>8</b>	<b>Elisabet Leivsdóttir</b>		2014 Havnar Svímjifelag		197	<b>48.71</b>	+10.93
<b>9</b>	<b>Annabella Annbrittardóttur Henrik</b>		2014 Havnar Svímjifelag		161	<b>52.09</b>	+14.31
<b>10</b>	<b>Urd Jákupsdóttir</b>		2015 Havnar Svímjifelag		150	<b>53.37</b>	+15.59
<b>11</b>	<b>Lisa Emilsdóttir Hofgaard</b>		2015 Havnar Svímjifelag		132	<b>55.61</b>	+17.83
<b>12</b>	<b>Kaya Ziska Hofgaard</b>		2014 Havnar Svímjifelag		128	<b>56.29</b>	+18.51



# Úrslit

## Kapping 17, 50m Bringu Kvinnur - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
13	Mira Sumberg	2014 Havnar Svímjifelag		103	<b>1:00.43</b>	+22.65
14	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		97	<b>1:01.71</b>	+23.93
-	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag			<b>DNS</b>	

Kapping almenn: 16.05.2026 15:36:31

## Kapping 18, 50m Bringu Menn - Final

FAR 27.83 Bartal Erlingsson Eidesg 2003 Havnar Svímjifelag (FRO) Kirkwall (GBR) 15.07.2025  
 FAR.JR 29.00 Róland Toftum 1998 Suðuroyar Svímjifelag (FR) Torshavn (FRO) 18.09.2016

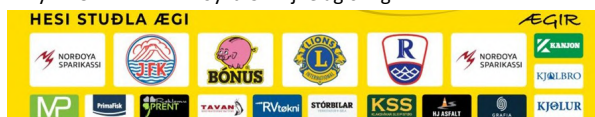
Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Bartal Erlingsson Eidesgaard	2003 Havnar Svímjifelag		657	<b>28.70</b>	
2	Heini Mohr Askham	2006 Ægir		562	<b>30.23</b>	+1.53
3	Fróði Hansen	2008 Ægir		550	<b>30.44</b>	+1.74
4	Silas Dam Lindberg	2008 Havnar Svímjifelag		481	<b>31.83</b>	+3.13
5	Nóa Róason Stakksund	2011 Havnar Svímjifelag		266	<b>38.78</b>	+10.08
6	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		256	<b>39.25</b>	+10.55
7	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		254	<b>39.37</b>	+10.67
8	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		246	<b>39.77</b>	+11.07
9	Elias Í Lágabø	2014 Suðuroyar Svímjifelag		192	<b>43.23</b>	+14.53
10	Sævar Strøm	2014 Suðuroyar Svímjifelag		187	<b>43.60</b>	+14.90
11	Kian V. Eliassen	2013 Fuglafjarðar Svímjifelag		175	<b>44.53</b>	+15.83
12	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		151	<b>46.78</b>	+18.08
13	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		90	<b>55.54</b>	+26.84
-	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag			<b>DNS</b>	

Kapping almenn: 16.05.2026 15:37:19

## Kapping 19, 50m Frí Kvinnur - Final

FAR 26.04 Guðrun Mortensen 1997 Suðuroyar Svímjifelag (FR) Laugardalslaug (ISL) 11.12.2011  
 FAR.JR 26.04 Guðrun Mortensen 1997 Suðuroyar Svímjifelag (FR) Laugardalslaug (ISL) 11.12.2011

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Jórun Winther	2011 Suðuroyar Svímjifelag		511	<b>28.55</b>	
2	Durita Mohr Askham	2008 Ægir		481	<b>29.12</b>	+0.57
3	Lea Petersen	2009 Ægir		443	<b>29.94</b>	+1.39
4	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag		435	<b>30.12</b>	+1.57
5	Lilja Sørensen	2011 Havnar Svímjifelag		394	<b>31.13</b>	+2.58
6	Randi Brim Hvidbro	2012 Ægir		379	<b>31.54</b>	+2.99
7	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		359	<b>32.12</b>	+3.57
8	Sólfríð H. Johannessen	2013 Ægir		357	<b>32.18</b>	+3.63
9	Jonni B. Danielsen	2011 Svímjifelagið Flot		338	<b>32.75</b>	+4.20
10	Delaila H. Gregersen	2013 Ægir		332	<b>32.95</b>	+4.40
11	Hanna Lilja Jacobsen	2015 Ægir		324	<b>33.23</b>	+4.68
12	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		319	<b>33.38</b>	+4.83
13	India Linnea Bech	2011 Havnar Svímjifelag		300	<b>34.09</b>	+5.54
14	Durita Davidsen	2011 Ægir		299	<b>34.14</b>	+5.59





## Úrslit

### Kapping 19, 50m Frí Kvinnur - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
15	Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifélag		278	<b>34.94</b>	+6.39
16	Jytte Kirke Davidsen	2013 Suðuroyar Svímjifélag		278	<b>34.97</b>	+6.42
17	Rakul J Højbro	2011 Fuglafjarðar Svímjifélag		277	<b>34.99</b>	+6.44
18	Jonna Steinberg Joensen	2014 Ægir		274	<b>35.13</b>	+6.58
19	Viktoria Klettskarð	2013 Ægir		263	<b>35.60</b>	+7.05
20	Tabita Vón Ebbadóttir	2013 Ægir		261	<b>35.72</b>	+7.17
21	Ebba Kirke Davidsen	2013 Suðuroyar Svímjifélag		260	<b>35.75</b>	+7.20
22	Katrina Mc Intosh	2015 Havnar Svímjifélag		249	<b>36.28</b>	+7.73
23	Simona B. Jacobsen	2012 Svímjifélagið Flot		245	<b>36.48</b>	+7.93
=24	Annabella Annbrittardóttur Henrik	2014 Havnar Svímjifélag		233	<b>37.07</b>	+8.52
=24	Anna K. Lydersen	2013 Ægir		233	<b>37.07</b>	+8.52
26	Karita Tórðardóttir	2013 Suðuroyar Svímjifélag		232	<b>37.13</b>	+8.58
27	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifélag		221	<b>37.75</b>	+9.20
28	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifélag		208	<b>38.53</b>	+9.98
29	Urd Jákupsdóttir	2015 Havnar Svímjifélag		185	<b>40.05</b>	+11.50
30	Kaya Ziska Hofgaard	2014 Havnar Svímjifélag		144	<b>43.47</b>	+14.92
31	Mira Sumberg	2014 Havnar Svímjifélag		115	<b>46.82</b>	+18.27
	- Sissal Rógvadóttir	2010 Suðuroyar Svímjifélag			<b>DNS</b>	

Kapping almenn: 16.05.2026 15:47:44

### Kapping 20, 50m Frí Menn - Final

FAR 22.55 Bartal Erlingsson Eidesg 2003 Havnar Svímjifélag (FRO) Torshavn (FRO) 13.12.2025  
 FAR.JR 23.24 Pauli Ø. Mohr 1991 Fuglafjarðar Svímjifélag (F Berlin (GER) 15.11.2009

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifélag		497	<b>25.12</b>	
2	Haraldur Mortensen	2010 Suðuroyar Svímjifélag		475	<b>25.49</b>	+0.37
3	Benjamin Havn	2011 Ægir		386	<b>27.31</b>	+2.19
4	Ólavur Winther Jákupsson	2008 Havnar Svímjifélag		370	<b>27.71</b>	+2.59
5	Nóa Róason Stakksund	2011 Havnar Svímjifélag		345	<b>28.37</b>	+3.25
6	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifélag		337	<b>28.59</b>	+3.47
7	Teitur Miné Róason	2011 Havnar Svímjifélag		335	<b>28.64</b>	+3.52
8	Jónatan Samuelsen	2010 Havnar Svímjifélag		318	<b>29.13</b>	+4.01
9	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifélag		315	<b>29.23</b>	+4.11
10	Kian V. Eliassen	2013 Fuglafjarðar Svímjifélag		269	<b>30.79</b>	+5.67
11	Andrias Mellemgard	S9 2009 Havnar Svímjifélag		266	<b>30.92</b>	+5.80
12	Aleks Uadhaw Thomsen	2013 Havnar Svímjifélag		256	<b>31.31</b>	+6.19
13	Bjarni Pálsson	2013 Svímjifélagið Flot		249	<b>31.59</b>	+6.47
14	Bragi Bjarnason	2012 Havnar Svímjifélag		239	<b>32.05</b>	+6.93
15	Elias Í Lágabø	2014 Suðuroyar Svímjifélag		229	<b>32.49</b>	+7.37
16	Sævar Strøm	2014 Suðuroyar Svímjifélag		223	<b>32.79</b>	+7.67
17	Tóki Niklasson Poulsen	2013 Svímjifélagið Flot		211	<b>33.40</b>	+8.28
18	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifélag		195	<b>34.30</b>	+9.18



## Kapping 20, 50m Frí Menn - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
19	Jonnhard Winther	2015 Suðuroyar Svímjifelag		174	<b>35.61</b>	+10.49
20	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		155	<b>36.99</b>	+11.87
21	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		114	<b>40.98</b>	+15.86
	- Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag			<b>DNS</b>	
	- Tórir Olsen	2011 Ægir			<b>DNS</b>	

Kapping almenn: 16.05.2026 15:51:04

## Kapping 22, 200m Firvald Menn - Final

FAR	1:59.01	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	29.11.2025
FAR.JR	1:59.39	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		286	<b>2:42.02</b>	
	50m: 36.81	100m: 1:18.63 (41.82)	150m: 2:00.46 (41.83)	200m: 2:42.02 (41.56)		
2	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		98	<b>3:51.46</b>	+1:09.44
	50m: 54.26	100m: 1:59.12 (1:04.86)	150m: 3:01.10 (1:01.98)	200m: 3:51.46 (50.36)		
	- Bárður Ólavsson	2008 Ægir			<b>DNS</b>	
	- Tórir Olsen	2011 Ægir			<b>DNS</b>	
	- Theodor Salter	2011 Havnar Svímjifelag			<b>DNS</b>	

Kapping almenn: 16.05.2026 16:02:13

## Kapping 23, 100m Blandað Kvinnur - Final

FAR	1:03.78	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	11.05.2013
FAR.JR	1:04.93	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Klakksvik (FRO)	22.04.2016

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Ægir		608	<b>1:05.04</b>	
	50m: 29.78	100m: 1:05.04 (35.26)				
2	Jóhanna Ólavsdóttir	2007 Ægir		460	<b>1:11.35</b>	+6.31
	50m: 31.74	100m: 1:11.35 (39.61)				
3	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		399	<b>1:14.80</b>	+9.76
	50m: 33.71	100m: 1:14.80 (41.09)				
4	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		317	<b>1:20.76</b>	+15.72
	50m: 37.86	100m: 1:20.76 (42.90)				
5	Sólfríð H. Johannessen	2013 Ægir		289	<b>1:23.27</b>	+18.23
	50m: 39.14	100m: 1:23.27 (44.13)				
6	Hanna Lilja Jacobsen	2015 Ægir		245	<b>1:28.05</b>	+23.01
	50m: 40.52	100m: 1:28.05 (47.53)				
7	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		240	<b>1:28.60</b>	+23.56
	50m: 39.70	100m: 1:28.60 (48.90)				
8	Jonni B. Danielsen	2011 Svímjifelagið Flot		238	<b>1:28.89</b>	+23.85
	50m: 43.32	100m: 1:28.89 (45.57)				
9	Katrina Mc Intosh	2015 Havnar Svímjifelag		187	<b>1:36.27</b>	+31.23
	50m: 46.53	100m: 1:36.27 (49.74)				
10	Viktoria Klettskarð	2013 Ægir		147	<b>1:44.21</b>	+39.17
	50m: 48.79	100m: 1:44.21 (55.42)				
11	Annabella Annbriðardóttir Henrik	2014 Havnar Svímjifelag		147	<b>1:44.38</b>	+39.34
	50m: 47.96	100m: 1:44.38 (56.42)				
12	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag		140	<b>1:46.02</b>	+40.98
	50m: 52.35	100m: 1:46.02 (53.67)				



## Kapping 25, 50m Rygg Kvinnur - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
8	Anna K. Lydersen	2013 Ægir		163	<b>46.14</b>	+16.10
9	Annabella Annbrittardóttir Henrik	2014 Havnar Svímjifelag		151	<b>47.33</b>	+17.29
10	Katrina Mc Intosh	2015 Havnar Svímjifelag		138	<b>48.76</b>	+18.72
11	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag		136	<b>48.96</b>	+18.92
12	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag		121	<b>50.92</b>	+20.88
13	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag		112	<b>52.32</b>	+22.28
14	Mira Sumberg	2014 Havnar Svímjifelag		81	<b>58.10</b>	+28.06

Kapping almenn: 16.05.2026 16:14:23

## Kapping 26, 50m Rygg Menn - Final

FAR 25.22 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012  
 FAR.JR 25.22 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		364	<b>30.96</b>	
2	Jónatan Samuelsen	2010 Havnar Svímjifelag		272	<b>34.10</b>	+3.14
3	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		211	<b>37.11</b>	+6.15
4	Elias Í Lágabø	2014 Suðuroyar Svímjifelag		205	<b>37.45</b>	+6.49
5	Kian V. Eliassen	2013 Fuglafjarðar Svímjifelag		204	<b>37.53</b>	+6.57
6	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		160	<b>40.70</b>	+9.74
7	Jonnhard Winther	2015 Suðuroyar Svímjifelag		137	<b>42.80</b>	+11.84
8	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		82	<b>50.80</b>	+19.84
-	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag			DNS	
-	Teitur Miné Róason	2011 Havnar Svímjifelag			DNS	

Kapping almenn: 16.05.2026 16:31:37

## Kapping 27, 100m Bringu Kvinnur - Final

FAR 1:08.89 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Klaksvik (FRO) 08.11.2025  
 FAR.JR 1:08.89 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Klaksvik (FRO) 08.11.2025

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag		415	<b>1:23.57</b>	
	50m: 39.76	100m: 1:23.57 (43.81)				
2	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		369	<b>1:26.90</b>	+3.33
	50m: 41.04	100m: 1:26.90 (45.86)				
3	India Linnea Bech	2011 Havnar Svímjifelag		330	<b>1:30.16</b>	+6.59
	50m: 43.21	100m: 1:30.16 (46.95)				
4	Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag		280	<b>1:35.23</b>	+11.66
	50m: 45.14	100m: 1:35.23 (50.09)				
5	Jonni B. Danielsen	2011 Svímjifelagið Flot		246	<b>1:39.45</b>	+15.88
	50m: 46.77	100m: 1:39.45 (52.68)				
6	Katrina Mc Intosh	2015 Havnar Svímjifelag		203	<b>1:45.99</b>	+22.42
	50m: 49.25	100m: 1:45.99 (56.74)				
7	Tabita Vón Ebbadóttir	2013 Ægir		194	<b>1:47.58</b>	+24.01
	50m: 51.90	100m: 1:47.58 (55.68)				
8	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		194	<b>1:47.71</b>	+24.14
	50m: 50.19	100m: 1:47.71 (57.52)				
9	Urd Jákupsdóttir	2015 Havnar Svímjifelag		152	<b>1:56.63</b>	+33.06
	50m: 55.19	100m: 1:56.63 (1:01.44)				

## Kapping 27, 100m Bringu Kvinnur - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
10	Annabella Annbrittardóttir	Henrik 2014 Havnar Svímjifelag		134	2:01.82	+38.25
	50m: 56.71	100m: 2:01.82 (1:05.11)				
11	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag		107	2:10.97	+47.40
	50m: 1:01.33	100m: 2:10.97 (1:09.64)				
12	Mira Sumberg	2014 Havnar Svímjifelag		92	2:17.66	+54.09
	50m: 1:05.78	100m: 2:17.66 (1:11.88)				
	- Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 16.05.2026 16:31:57

## Kapping 28, 100m Bringu Menn - Final

FAR 1:00.51 Bartal Erlingsson Eidesg 2003 Havnar Svímjifelag (FRO) Kirkwall (GBR) 14.07.2025  
 FAR.JR 1:03.43 Róland Toftum 1998 Suðuroyar Svímjifelag (FR) Torshavn (FRO) 19.09.2016

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Ægir		587	1:06.02	
	50m: 30.83	100m: 1:06.02 (35.19)				
2	Bárður Ólavsson	2008 Ægir		432	1:13.09	+7.07
	50m: 34.40	100m: 1:13.09 (38.69)				
3	Nóa Róason Stakksund	2011 Havnar Svímjifelag		274	1:25.01	+18.99
	50m: 42.04	100m: 1:25.01 (42.97)				
4	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		265	1:26.05	+20.03
	50m: 41.05	100m: 1:26.05 (45.00)				
5	Andrias Mellemgard	SB9 2009 Havnar Svímjifelag		241	1:28.71	+22.69
	50m: 42.45	100m: 1:28.71 (46.26)				
6	Kian V. Eliassen	2013 Fuglafjarðar Svímjifelag		172	1:39.40	+33.38
	50m: 47.10	100m: 1:39.40 (52.30)				
7	Tóki Niklasson Poulsen	2013 Svímjeflagið Flot		135	1:47.75	+41.73
	50m: 50.42	100m: 1:47.75 (57.33)				
8	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		109	1:55.67	+49.65
	50m: 54.74	100m: 1:55.67 (1:00.93)				
9	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		105	1:57.16	+51.14
	50m: 56.23	100m: 1:57.16 (1:00.93)				
	- Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag			DNS	
	- Sævar Strøm	2014 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 16.05.2026 16:32:16

## Kapping 29, 200m Frí Kvinnur - Final

FAR 2:00.74 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Gibraltar (GIB) 08.07.2019  
 FAR.JR 2:02.18 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Reykjavik (ISL) 02.12.2017

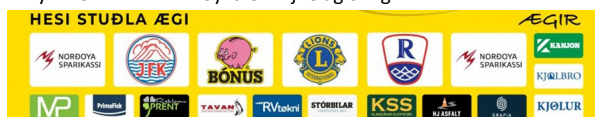
Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Ægir		616	2:09.58	
	50m: 29.67	100m: 1:02.19 (32.52) 150m: 1:36.15 (33.96) 200m: 2:09.58 (33.43)				
2	Jóhanna Ólavsdóttir	2007 Ægir		547	2:14.86	+5.28
	50m: 31.35	100m: 1:05.67 (34.32) 150m: 1:40.59 (34.92) 200m: 2:14.86 (34.27)				
3	Jórun Winther	2011 Suðuroyar Svímjifelag		520	2:17.15	+7.57
	50m: 30.62	100m: 1:04.44 (33.82) 150m: 1:40.34 (35.90) 200m: 2:17.15 (36.81)				
4	Lea Petersen	2009 Ægir		450	2:23.91	+14.33
	50m: 32.55	100m: 1:08.19 (35.64) 150m: 1:45.98 (37.79) 200m: 2:23.91 (37.93)				
5	Sólfríð H. Johannessen	2013 Ægir		371	2:33.42	+23.84
	50m: 35.21	100m: 1:14.78 (39.57) 150m: 1:54.73 (39.95) 200m: 2:33.42 (38.69)				
6	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		362	2:34.73	+25.15
	50m: 36.12	100m: 1:16.12 (40.00) 150m: 1:55.05 (38.93) 200m: 2:34.73 (39.68)				

19-05-2026 19:46:10

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjeflagið Ægir

Síða 14/17



## Kapping 29, 200m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
7	Lilja Sørensen	2011 Havnar Svímjifelag		352	<b>2:36.14</b>	+26.56
	50m: 35.75	100m: 1:15.60 (39.85)	150m: 1:57.02 (41.42)		200m: 2:36.14 (39.12)	
8	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		346	<b>2:37.03</b>	+27.45
	50m: 36.16	100m: 1:16.60 (40.44)	150m: 1:57.54 (40.94)		200m: 2:37.03 (39.49)	
9	India Linnea Bech	2011 Havnar Svímjifelag		330	<b>2:39.60</b>	+30.02
	50m: 37.30	100m: 1:17.97 (40.67)	150m: 1:58.93 (40.96)		200m: 2:39.60 (40.67)	
10	Randi Brim Hvidbro	2012 Ægir		329	<b>2:39.77</b>	+30.19
	50m: 34.65	100m: 1:16.54 (41.89)	150m: 1:59.31 (42.77)		200m: 2:39.77 (40.46)	
11	Delaila H. Gregersen	2013 Ægir		324	<b>2:40.52</b>	+30.94
	50m: 37.63	100m: 1:19.24 (41.61)	150m: 2:01.36 (42.12)		200m: 2:40.52 (39.16)	
12	Hanna Lilja Jacobsen	2015 Ægir		303	<b>2:44.08</b>	+34.50
	50m: 37.97	100m: 1:21.34 (43.37)	150m: 2:05.73 (44.39)		200m: 2:44.08 (38.35)	
13	Viktoria Klettskarð	2013 Ægir		300	<b>2:44.74</b>	+35.16
	50m: 38.34	100m: 1:21.33 (42.99)	150m: 2:04.25 (42.92)		200m: 2:44.74 (40.49)	
14	Jonna Steinberg Joensen	2014 Ægir		284	<b>2:47.64</b>	+38.06
	50m: 37.85	100m: 1:21.21 (43.36)	150m: 2:06.41 (45.20)		200m: 2:47.64 (41.23)	
15	Jytte Kirke Davidsen	2013 Suðuroyar Svímjifelag		210	<b>3:05.46</b>	+55.88
	50m: 42.31	100m: 1:29.50 (47.19)	150m: 2:17.10 (47.60)		200m: 3:05.46 (48.36)	
16	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		193	<b>3:10.84</b>	+1:01.26
	50m: 43.71	100m: 1:32.60 (48.89)	150m: 2:22.82 (50.22)		200m: 3:10.84 (48.02)	
17	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag		173	<b>3:17.84</b>	+1:08.26
	50m: 43.29	100m: 1:35.64 (52.35)	150m: 2:27.09 (51.45)		200m: 3:17.84 (50.75)	
18	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag		148	<b>3:28.34</b>	+1:18.76
	50m: 47.38	100m: 1:42.42 (55.04)	150m: 2:37.23 (54.81)		200m: 3:28.34 (51.11)	
19	Mira Sumberg	2014 Havnar Svímjifelag		107	<b>3:52.33</b>	+1:42.75
	50m: 50.91	100m: 1:52.21 (1:01.30)	150m: 2:54.27 (1:02.06)		200m: 3:52.33 (58.06)	
	- Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag			<b>DNS</b>	
	- Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag			<b>DNS</b>	

Kapping almenn: 16.05.2026 16:51:18

## Kapping 30, 200m Frí Menn - Final

FAR 1:46.61 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Rijeka (CRO)) 14.12.2008  
 FAR.JR 1:46.61 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Rijeka (CRO)) 14.12.2008

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Ægir		662	<b>1:53.11</b>	
	50m: 26.84	100m: 55.99 (29.15)	150m: 1:24.68 (28.69)		200m: 1:53.11 (28.43)	
2	Silas Dam Lindberg	2008 Havnar Svímjifelag		580	<b>1:58.23</b>	+5.12
	50m: 27.05	100m: 56.52 (29.47)	150m: 1:26.81 (30.29)		200m: 1:58.23 (31.42)	
3	Theodor Salter	2011 Havnar Svímjifelag		516	<b>2:02.91</b>	+9.80
	50m: 27.80	100m: 58.76 (30.96)	150m: 1:30.99 (32.23)		200m: 2:02.91 (31.92)	
4	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		429	<b>2:10.72</b>	+17.61
	50m: 28.77	100m: 1:00.16 (31.39)	150m: 1:35.21 (35.05)		200m: 2:10.72 (35.51)	
5	Benjamin Havn	2011 Ægir		419	<b>2:11.69</b>	+18.58
	50m: 30.72	100m: 1:04.43 (33.71)	150m: 1:38.74 (34.31)		200m: 2:11.69 (32.95)	
6	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		362	<b>2:18.31</b>	+25.20
	50m: 33.07	100m: 1:09.83 (36.76)	150m: 1:46.58 (36.75)		200m: 2:18.31 (31.73)	
7	Nóa Róason Stakksund	2011 Havnar Svímjifelag		354	<b>2:19.29</b>	+26.18
	50m: 33.26	100m: 1:10.18 (36.92)	150m: 1:45.95 (35.77)		200m: 2:19.29 (33.34)	
8	Bragi Bjarnason	2012 Havnar Svímjifelag		343	<b>2:20.85</b>	+27.74
	50m: 32.58	100m: 1:09.14 (36.56)	150m: 1:45.84 (36.70)		200m: 2:20.85 (35.01)	



# Úrslit

## Kapping 30, 200m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur	
9	Kian V. Eliassen	2013 Fuglafjarðar Svímjifelag		243	<b>2:37.87</b>	+44.76	
	50m: 35.47	100m: 1:14.87 (39.40)	150m: 1:56.59 (41.72)		200m: 2:37.87 (41.28)		
10	Jonnhard Winther	2015 Suðuroyar Svímjifelag		148	<b>3:06.19</b>	+1:13.08	
	50m: 43.98	100m: 1:34.60 (50.62)	150m: 2:23.50 (48.90)		200m: 3:06.19 (42.69)		
- Tórir Olsen						2011 Ægir	DNS

Kapping almenn: 16.05.2026 16:51:55

## Kapping 31, 4x50m Frí Kvinnur - Final

FAR.JR	1:49.29	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	07.05.2016	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	<b>Ægir Liðsvímjingar lið 3</b>	19	Ægir	500	<b>1:56.52</b>	
	Lea Osberg Højsted	2008		27.25	27.25	
	Durita Mohr Askham	2008	+0.42	29.47	56.72	
	Jóhanna Ólavsdóttir	2007	+0.52	30.01	1:26.73	
	Lea Petersen	2009	+0.53	29.79	1:56.52	
2	<b>Fuglafjarðar Svímjifelag</b>	19	Fuglafjarðar Svímjifelag	426	<b>2:02.88</b>	+6.36
	Rebekka Róðinsdóttir	2007		29.85	29.85	
	Sirið Vesturtún	2011	+0.21	29.14	58.99	
	Birita Vesturtún	2007	+0.17	29.96	1:28.95	
	Felisia Florinsdóttir	2012	+0.35	33.93	2:02.88	
3	<b>Ægir Gentur 1</b>	14	Ægir	336	<b>2:12.95</b>	+16.43
	Sólfríð H. Johannessen	2013		33.05	33.05	
	Randi Brim Hvidbro	2012	+0.32	32.95	1:06.00	
	Hanna Lilja Jacobsen	2015		32.88	1:38.88	
	Delaila H. Gregersen	2013	-.--	34.07	2:12.95	
4	<b>HS Gentur</b>	15	Havnar Svímjifelag	272	<b>2:22.68</b>	+26.16
	Lisa Emilsdóttir Hofgaard	2015		40.33	40.33	
	Noomi Hella Jacobsen	2012	+0.73	34.29	1:14.62	
	Lilja Sørensen	2011	+0.47	33.01	1:47.63	
	India Linnea Bech	2011	+0.45	35.05	2:22.68	
5	<b>Ægir Gentur 2</b>	15	Ægir	271	<b>2:22.83</b>	+26.31
	Durita Davidsen	2011		33.78	33.78	
	Viktoria Klettskarð	2013	+0.17	36.62	1:10.40	
	Tabita Vón Ebbadóttir	2013	+0.55	37.66	1:48.06	
	Jonna Steinberg Joensen	2014	+0.06	34.77	2:22.83	
6	<b>Suðuroyar Svímjifelag</b>	13	Suðuroyar Svímjifelag	218	<b>2:33.53</b>	+37.01
	Tóta Sofía Gudmundsen	2014		40.98	40.98	
	Ebba Kirke Davidsen	2013	+0.31	37.40	1:18.38	
	Karita Tórðardóttir	2013	+0.50	39.41	1:57.79	
	Jytte Kirke Davidsen	2013	+0.47	35.74	2:33.53	





## Úrslit

### Kapping 31, 4x50m Frí Kvinnur - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
<b>7</b>	<b>HS Kvinnur</b>		12 Havnar Svímjifelag	182	<b>2:42.97</b>	+46.45
	Annabella Annbriittardóttir	2014			37.83	
	Henriksen					
	Mira Sumberg	2014		---	48.37	1:26.20
	Elisabet Leivsdóttir	2014		+0.17	33.55	1:59.75
	Kaya Ziska Hofgaard	2014		---	43.22	2:42.97

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### Kapping 32, 4x50m Frí Menn - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
<b>1</b>	<b>HS Menn</b>		23 Havnar Svímjifelag	546	<b>1:40.03</b>	
	Bartal Erlingsson Eidesgaard	2003			23.00	
	Óli Mikkelsen	2008		+0.14	24.37	47.37
	Silas Dam Lindberg	2008		+0.20	24.19	1:11.56
	Teitur Miné Róason	2011		+0.50	28.47	1:40.03
<b>2</b>	<b>Ægir</b>		20 Ægir	505	<b>1:42.67</b>	+2.64
	Fróði Hansen	2008			25.15	
	Heini Mohr Askham	2006		+0.53	24.15	49.30
	Bárður Ólavsson	2008		+0.33	26.26	1:15.56
	Benjamin Havn	2011		+0.56	27.11	1:42.67
<b>3</b>	<b>HS Unglingar</b>		17 Havnar Svímjifelag	354	<b>1:55.58</b>	+15.55
	Theodor Salter	2011			26.02	
	Andrias Mellemgard	2009	S9	---	33.12	59.14
	Nóa Róason Stakksund	2011		---	27.86	1:27.00
	Jónatan Samuelsen	2010		---	28.58	1:55.58
<b>4</b>	<b>Fuglafjarðar Svímjifelag</b>		15 Fuglafjarðar Svímjifelag	294	<b>2:02.93</b>	+22.90
	Jógvan Vesturtún	2013			29.67	
	Kian V. Eliassen	2013		+0.16	30.95	1:00.62
	Bænadikt Helig Eliassen	2013		+0.49	33.96	1:34.58
	Fríðálvur Eliassen	2011		+0.51	28.35	2:02.93
<b>5</b>	<b>Suðuroyar Svímjifelag</b>		12 Suðuroyar Svímjifelag	191	<b>2:21.98</b>	+41.95
	Sævar Strøm	2014			34.32	
	Niels Jacob Thomsen	2014		---	39.32	1:13.64
	Jonnhard Winther	2015		+0.01	36.43	1:50.07
	Elias í Lágabø	2014		---	31.91	2:21.98
<b>6</b>	<b>HS Dreingir</b>		14 Havnar Svímjifelag	154	<b>2:32.49</b>	+52.46
	Lukas Finsson Ellingsgaard	2016			45.84	
	Aleks Uadhaw Thomsen	2013		+0.35	31.38	1:17.22
	Sofus Rúnason Johannesen	2012		+0.40	44.03	2:01.25
	Bragi Bjarnason	2012		+0.26	31.24	2:32.49

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