



Úrslit

Susvim open - Jan 2026

Stað: Páls Høll
Hylur: 50m

Fyrirtekari: Suðuroyar Svímjifelag
Stevnudagur: jan 10, 2026 til jan 10, 2026

Kapping 2, 200m Firvald Menn - Final

FAR 2:03.85 Ísak Brisenfeldt 2006 Havnar Svímjifelag (FRO) Kobenhavn (DEN) 4/7/2025
FAR.JR 2:05.22 Ísak Brisenfeldt 2006 Havnar Svímjifelag (FRO) Vilnius (LTU) 7/2/2024

Raðf	Navn	Føðia Felag			R.T	AQU	Tíð	Munur
1	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag				317	2:41.67	107.97%
	50m: 35.64	100m: 1:16.78	(41.14)	150m: 1:59.81	(43.03)		200m: 2:41.67	(41.86)
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag				314	2:42.17	89.05%
	50m: 32.63	100m: 1:11.46	(38.83)	150m: 1:55.22	(43.76)		200m: 2:42.17	(46.95)

Kapping almenn: 1/10/2026 10:25:20 AM

Kapping 3, 100m Bringu Kvinnur - Final

FAR 1:12.20 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Torshavn (FRO) 4/25/2025
FAR.JR 1:12.20 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Torshavn (FRO) 4/25/2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Ægir		421	1:25.51	96.48%
	50m: 40.77	100m: 1:25.51 (44.74)				
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		396	1:27.30	91.28%
	50m: 41.59	100m: 1:27.30 (45.71)				
3	Talita Johannesen	2010 Suðuroyar Svímjifelag		389	1:27.81	95.23%
	50m: 41.11	100m: 1:27.81 (46.70)				
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		363	1:29.82	100.02%
	50m: 42.53	100m: 1:29.82 (47.29)				
5	Durita Mohr Askham	2008 Ægir		332	1:32.58	100.17%
	50m: 42.62	100m: 1:32.58 (49.96)				
6	India Linnea Bech	2011 Havnar Svímjifelag		308	1:34.94	103.30%
	50m: 45.40	100m: 1:34.94 (49.54)				
7	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		254	1:41.22	93.04%
	50m: 49.59	100m: 1:41.22 (51.63)				
8	Delaila H. Gregersen	2013 Ægir		213	1:47.23	95.51%
	50m: 51.60	100m: 1:47.23 (55.63)				
9	Viktoria Klettskarð	2013 Ægir		168	1:56.15	104.52%
	50m: 55.25	100m: 1:56.15 (1:00.90)				
10	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		166	1:56.64	113.63%
	50m: 54.63	100m: 1:56.64 (1:02.01)				
11	Urd Jákupsdóttir	2015 Havnar Svímjifelag		150	2:00.57	92.86%
	50m: 56.81	100m: 2:00.57 (1:03.76)				
12	Ingeborg Vinther	2015 Suðuroyar Svímjifelag		141	2:03.16	112.01%
	50m: 58.51	100m: 2:03.16 (1:04.65)				
13	Annabella Annbriardóttir Henri	2014 Havnar Svímjifelag		134	2:05.29	97.42%
	50m: 57.79	100m: 2:05.29 (1:07.50)				
14	Thorborg Joensen	2014 Havnar Svímjifelag		123	2:08.92	98.66%
	50m: 1:00.56	100m: 2:08.92 (1:08.36)				
15	Mira Sumberg	2014 Havnar Svímjifelag		95	2:20.46	92.75%
	50m: 1:05.07	100m: 2:20.46 (1:15.39)				

Kapping almenn: 1/10/2026 10:31:05 AM

Kapping 4, 100m Bringu Menn - Final

FAR 1:05.35 Róland Toftum 1998 Suðuroyar Svímjifelag (FR) Broenshoej (DEN) 4/4/2017
FAR.JR 1:06.14 Rókur Trygvason 2000 Svímjifelagið Reysti (FRO) Bergen (NOR) 4/13/2018

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Ægir		563	1:08.86	99.42%
	50m: 31.34	100m: 1:08.86 (37.52)				

Kapping 4, 100m Bringu Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Tórir Olsen	2011 Ægir		299	1:25.02	106.85%
	50m: 39.27	100m: 1:25.02 (45.75)				
3	Dávur Eið	2012 Suðuroyar Svímjifelag		263	1:28.69	114.22%
	50m: 43.09	100m: 1:28.69 (45.60)				
4	Nóa Róason Stakksund	2011 Havnar Svímjifelag		258	1:29.33	119.25%
	50m: 44.83	100m: 1:29.33 (44.50)				
5	Theodor Salter	2011 Havnar Svímjifelag		251	1:30.10	126.25%
	50m: 44.15	100m: 1:30.10 (45.95)				
6	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		242	1:31.25	109.06%
	50m: 42.93	100m: 1:31.25 (48.32)				
7	Kian Sairold Villanueva	2013 Fuglafjarðar Svímjifelag		191	1:38.67	94.44%
	50m: 46.33	100m: 1:38.67 (52.34)				
8	Elias í Lágabø	2014 Suðuroyar Svímjifelag		183	1:40.18	104.74%
	50m: 45.78	100m: 1:40.18 (54.40)				
9	Sævar Strøm	2014 Suðuroyar Svímjifelag		161	1:44.44	105.54%
	50m: 47.69	100m: 1:44.44 (56.75)				
10	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		136	1:50.41	91.72%
	50m: 52.59	100m: 1:50.41 (57.82)				
11	Ian Strøm	2015 Suðuroyar Svímjifelag		117	1:56.13	97.67%
	50m: 54.00	100m: 1:56.13 (1:02.13)				
12	Benjamin Clementsen	2012 Suðuroyar Svímjifelag		115	1:56.70	110.80%
	50m: 52.68	100m: 1:56.70 (1:04.02)				
13	Bárður Rógvason	2013 Suðuroyar Svímjifelag		99	2:02.84	113.11%
	50m: 57.22	100m: 2:02.84 (1:05.62)				
-	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag			DSQ	
	SW 7.4. Ójavnt beinspark (ikki vatnrætt)					
-	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag			DNS	

Kapping almenn: 1/10/2026 10:38:27 AM

Kapping 5, 50m Rygg Kvinnur - Final

FAR 29.47 Elisabeth Erlendsdóttir 2005 Havnar Svímjifelag (FRO) Kobenhavn (DEN) 4/13/2024
 FAR.JR 29.59 Signhild Joensen 2000 Ægir Klaksvik (FRO) Broenshoej (DEN) 4/4/2017

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		590	32.02	95.60%
2	Jórun Winther	2011 Suðuroyar Svímjifelag		486	34.16	98.30%
3	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		434	35.46	99.97%
4	Jóhanna Ólavsdóttir	2007 Ægir		393	36.66	93.15%
5	Durita Mohr Askham	2008 Ægir		392	36.68	95.14%
6	Emma Debes	2010 Suðuroyar Svímjifelag		357	37.86	95.24%
7	Lilja Sørensen	2011 Havnar Svímjifelag		328	38.93	102.19%
8	Lea í Trøðini	2011 Suðuroyar Svímjifelag		300	40.10	105.87%
9	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		277	41.17	104.37%
10	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		274	41.35	96.96%
11	Randi Brim Hvidbro	2012 Ægir		249	42.67	108.20%
12	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		225	44.10	98.55%
13	Sólfríð H. Johannessen	2013 Ægir		223	44.24	105.11%
14	Hanna Lilja Jacobsen	2015 Ægir		219	44.50	108.89%
15	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		205	45.53	114.61%
16	Jonna Steinberg Joensen	2014 Ægir		164	49.07	115.45%
17	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		160	49.45	109.93%

Kapping 5, 50m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
18	Thorborg Joensen	2014 Havnar Svímjifelag		147	50.80	90.35%
19	Mia Winther	2017 Suðuroyar Svímjifelag		126	53.44	99.70%
20	Anna K. Lydersen	2013 Ægir		123	53.90	117.36%
21	Annabella Annbriardóttur Henri	2014 Havnar Svímjifelag		118	54.68	91.83%
22	Ingeborg Vinther	2015 Suðuroyar Svímjifelag		111	55.77	111.39%
23	Mira Sumberg	2014 Havnar Svímjifelag		99	57.98	104.83%
24	Guðrun Fornagarð	2013 Suðuroyar Svímjifelag		73	1:04.21	95.05%
25	Hanna Højbro	2014 Ægir		73	1:04.26	
- Mariella Annbriardóttur Henriks					DNS	

Kapping almenn: 1/10/2026 10:47:38 AM

Kapping 6, 50m Rygg Menn - Final

FAR	26.34	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	7/10/2012	
FAR.JR	26.34	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	7/10/2012	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		550	28.74	100.73%
2	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		381	32.46	100.67%
3	Terji Kjærbo	2012 Suðuroyar Svímjifelag		345	33.56	108.85%
4	Simun Eliassen	2011 Havnar Svímjifelag		240	37.86	109.90%
5	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag		235	38.13	116.51%
6	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		231	38.38	101.24%
7	Elias í Lágabø	2014 Suðuroyar Svímjifelag		221	38.94	105.05%
8	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		215	39.30	114.81%
9	Kian Sairoid Villanueva	2013 Fuglafjarðar Svímjifelag		207	39.81	108.65%
10	Sævar Strøm	2014 Suðuroyar Svímjifelag		161	43.23	103.76%
11	Tien Rasmussen	2012 Havnar Svímjifelag		159	43.45	101.79%
12	Benjamin Clementsen	2012 Suðuroyar Svímjifelag		144	44.84	104.51%
13	Jonnhard Winther	2015 Suðuroyar Svímjifelag		137	45.64	106.40%
14	Bárður Rógvason	2013 Suðuroyar Svímjifelag		120	47.74	107.28%
15	Ian Strøm	2015 Suðuroyar Svímjifelag		119	47.76	108.87%
16	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		111	48.89	105.31%
17	Aron í Trøðini	2016 Suðuroyar Svímjifelag		85	53.41	107.74%
18	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		81	54.31	107.57%
	- Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag			DNS	
	- Teitur Miné Róason	2011 Havnar Svímjifelag			DNS	

Kapping almenn: 1/10/2026 10:53:55 AM

Kapping 7, 400m Frí Kvinnur - Final

FAR	4:22.79	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Hodmezovasarhely (HUN)	7/7/2016		
FAR.JR	4:22.79	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Hodmezovasarhely (HUN)	7/7/2016		
Raðf	Navn	Føðia Felag		R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Ægir			536	4:49.70	125.81%
	50m: 32.83	100m: 1:09.44	(36.61)	150m: 1:47.30	(37.86)	200m: 2:25.20	(37.90)
	250m: 3:01.96	(36.76)	300m: 3:38.43	(36.47)	350m: 4:14.92	(36.49)	400m: 4:49.70
							(34.78)
2	Lea Petersen	2009 Ægir			361	5:30.31	87.28%
	50m: 36.52	100m: 1:17.64	(41.12)	150m: 1:59.84	(42.20)	200m: 2:42.74	(42.90)
	250m: 3:24.14	(41.40)	300m: 4:06.36	(42.22)	350m: 4:48.28	(41.92)	400m: 5:30.31
							(42.03)

Kapping 7, 400m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Hanna Lilja Jacobsen	2015 Ægir		201	6:41.28	
	50m: 42.31	100m: 1:32.00 (49.69)	150m: 2:24.01 (52.01)	200m: 3:17.42 (53.41)		
	250m: 4:11.04 (53.62)	300m: 5:04.20 (53.16)	350m: 5:53.29 (49.09)	400m: 6:41.28 (47.99)		

Kapping almenn: 1/10/2026 11:01:40 AM

Kapping 8, 400m Frí Menn - Final

FAR	3:46.84	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	3/22/2012
FAR.JR	3:59.21	Líggjas Joensen	2008 Ægir Klaksvik (FRO)	Kobenhavn (DEN)	4/8/2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Ægir		560	4:26.87	90.48%
	50m: 31.18	100m: 1:07.02 (35.84)	150m: 1:42.02 (35.00)	200m: 2:16.89 (34.87)		
	250m: 2:50.21 (33.32)	300m: 3:23.51 (33.30)	350m: 3:55.21 (31.70)	400m: 4:26.87 (31.66)		
2	Bárður Ólavsson	2008 Ægir		509	4:35.53	97.58%
	50m: 31.25	100m: 1:06.29 (35.04)	150m: 1:42.20 (35.91)	200m: 2:17.80 (35.60)		
	250m: 2:52.49 (34.69)	300m: 3:27.60 (35.11)	350m: 4:02.04 (34.44)	400m: 4:35.53 (33.49)		
3	Jónatan Samuelsen	2010 Havnar Svímjifelag		337	5:16.07	96.55%
	50m: 34.69	100m: 1:14.14 (39.45)	150m: 1:55.08 (40.94)	200m: 2:36.40 (41.32)		
	250m: 3:17.76 (41.36)	300m: 3:58.36 (40.60)	350m: 4:37.76 (39.40)	400m: 5:16.07 (38.31)		
4	Nóa Róason Stakksund	2011 Havnar Svímjifelag		272	5:39.36	95.70%
	50m: 36.21	100m: 1:17.70 (41.49)	150m: 2:01.37 (43.67)	200m: 2:45.83 (44.46)		
	250m: 3:30.64 (44.81)	300m: 4:14.88 (44.24)	350m: 4:58.19 (43.31)	400m: 5:39.36 (41.17)		
5	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		238	5:54.82	105.31%
	50m: 39.11	100m: 1:22.35 (43.24)	150m: 2:07.98 (45.63)	200m: 2:53.45 (45.47)		
	250m: 3:39.72 (46.27)	300m: 4:25.18 (45.46)	350m: 5:10.54 (45.36)	400m: 5:54.82 (44.28)		

Kapping almenn: 1/10/2026 11:07:49 AM

Kapping 9, 200m Blandað Kvinnur - Final

FAR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Laugardalslaug (ISL)	1/23/2016
FAR.JR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Laugardalslaug (ISL)	1/23/2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Delaila H. Gregersen	2013 Ægir		217	3:29.66	105.14%
	50m: 47.29	100m: 1:42.30 (55.01)	150m: 2:41.20 (58.90)	200m: 3:29.66 (48.46)		
2	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		169	3:47.82	89.62%
	50m: 51.58	100m: 1:47.98 (56.40)	150m: 2:51.50 (1:03.52)	200m: 3:47.82 (56.32)		
3	Thorborg Joensen	2014 Havnar Svímjifelag		151	3:56.62	101.83%
	50m: 57.64	100m: 1:57.25 (59.61)	150m: 3:03.59 (1:06.34)	200m: 3:56.62 (53.03)		
4	Urd Jákupsdóttir	2015 Havnar Svímjifelag		148	3:58.12	103.64%
	50m: 1:01.97	100m: 2:01.80 (59.83)	150m: 3:05.42 (1:03.62)	200m: 3:58.12 (52.70)		

Kapping almenn: 1/10/2026 11:26:46 AM

Kapping 10, 200m Blandað Menn - Final

FAR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	7/13/2012
FAR.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	7/13/2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Tórir Olsen	2011 Ægir		390	2:35.90	100.68%
	50m: 33.60	100m: 1:16.58 (42.98)	150m: 2:01.77 (45.19)	200m: 2:35.90 (34.13)		
2	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		335	2:44.01	101.02%
	50m: 34.83	100m: 1:19.72 (44.89)	150m: 2:10.05 (50.33)	200m: 2:44.01 (33.96)		
3	Dávur Eið	2012 Suðuroyar Svímjifelag		295	2:51.07	113.36%
	50m: 38.20	100m: 1:22.87 (44.67)	150m: 2:13.92 (51.05)	200m: 2:51.07 (37.15)		
4	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag		250	3:00.74	104.88%
	50m: 39.20	100m: 1:28.99 (49.79)	150m: 2:18.12 (49.13)	200m: 3:00.74 (42.62)		
5	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		244	3:02.20	109.91%
	50m: 39.64	100m: 1:30.09 (50.45)	150m: 2:21.77 (51.68)	200m: 3:02.20 (40.43)		
6	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		193	3:17.04	
	50m: 44.03	100m: 1:34.18 (50.15)	150m: 2:32.43 (58.25)	200m: 3:17.04 (44.61)		

Kapping 10, 200m Blandað Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
-	Teitur Miné Róason	2011 Havnar Svímjifelag			DNS	

Kapping almenn: 1/10/2026 11:33:03 AM

Kapping 11, 50m Firvald Kvinnur - Final

FAR	28.29	Astrid Foldarskarð	1994 Svímjifelagið Flot (FRO)	Broenshoej (DEN)	3/30/2014		
FAR.JR	28.44	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	4/14/2018		
Raðf	Navn	Føðia	Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009	Suðuroyar Svímjifelag		519	30.39	97.19%
2	Jóhanna Ólavsdóttir	2007	Ægir		424	32.51	93.62%
3	Sirið Vesturtún	2011	Fuglafjarðar Svímjifelag		371	33.99	93.48%
4	Talita Johannesen	2010	Suðuroyar Svímjifelag		330	35.34	100.87%
5	Lilja Sørensen	2011	Havnar Svímjifelag		299	36.51	119.21%
6	Noomi Hella Jacobsen	2012	Havnar Svímjifelag		212	40.92	109.61%
7	India Linnea Bech	2011	Havnar Svímjifelag		190	42.43	106.93%
8	Delaila H. Gregersen	2013	Ægir		146	46.34	89.54%
9	Viktoria Klettskarð	2013	Ægir		130	48.14	116.37%
10	Tóta Sofía Gudmundsen	2014	Suðuroyar Svímjifelag		115	50.22	117.62%
11	Jonna Steinberg Joensen	2014	Ægir		109	51.03	91.77%
12	Thorborg Joensen	2014	Havnar Svímjifelag		99	52.66	98.85%
-	Mariella Annbrittardóttur Henriks	2010	Havnar Svímjifelag			DNS	
Kapping almenn: 1/10/2026 11:37:29 AM							

Kapping 12, 50m Firvald Menn - Final

FAR	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	7/4/2012	
FAR.JR	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	7/4/2012	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Ægir		535	27.43	99.30%
2	Theodor Salter	2011 Havnar Svímjifelag		446	29.13	105.18%
3	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		419	29.75	102.52%
4	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		378	30.78	101.38%
5	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		317	32.64	101.27%
6	Terji Kjærbo	2012 Suðuroyar Svímjifelag		287	33.76	111.74%
7	Símun Eliassen	2011 Havnar Svímjifelag		239	35.86	102.69%
8	Kian Sairold Villanueva	2013 Fuglafjarðar Svímjifelag		201	38.00	111.13%
9	Tien Rasmussen	2012 Havnar Svímjifelag		199	38.09	104.87%
10	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		175	39.75	104.74%
11	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		172	40.02	114.03%
12	Sævar Strøm	2014 Suðuroyar Svímjifelag		170	40.13	109.41%
13	Elias í Lágabø	2014 Suðuroyar Svímjifelag		139	42.96	106.08%
14	Jonnhard Winther	2015 Suðuroyar Svímjifelag		77	52.19	95.66%
-	Ian Strøm	2015 Suðuroyar Svímjifelag			DSQ	
	SW 8.3. Ójavnt beinspark					
-	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag			DSQ	
	SW 4.4 Tjónstartur (startari og yvirdómari skulu vera samdir)					

Kapping 13, 100m Frí Kvinnur - Final

Kapping 13, 100m Frí Kvinnur - Final

FAR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Vagur (FRO) 2/24/2018
 FAR.JR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Vagur (FRO) 2/24/2018

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Ægir		552	1:03.03	95.02%
	50m: 30.73	100m: 1:03.03 (32.30)				
2	Jórun Winther	2011 Suðuroyar Svímjifelag		526	1:04.05	97.65%
	50m: 31.02	100m: 1:04.05 (33.03)				
3	Jóhanna Ólavsdóttir	2007 Ægir		411	1:09.51	92.93%
	50m: 33.15	100m: 1:09.51 (36.36)				
4	Durita Mohr Askham	2008 Ægir		410	1:09.60	91.98%
	50m: 33.29	100m: 1:09.60 (36.31)				
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		400	1:10.16	97.23%
	50m: 32.89	100m: 1:10.16 (37.27)				
6	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		382	1:11.21	97.13%
	50m: 33.87	100m: 1:11.21 (37.34)				
7	Emma Debes	2010 Suðuroyar Svímjifelag		374	1:11.74	93.15%
	50m: 34.20	100m: 1:11.74 (37.54)				
8	Lea Petersen	2009 Ægir		362	1:12.49	89.29%
	50m: 34.30	100m: 1:12.49 (38.19)				
9	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		324	1:15.26	104.31%
	50m: 34.72	100m: 1:15.26 (40.54)				
10	Lilja Sørensen	2011 Havnar Svímjifelag		310	1:16.34	98.09%
	50m: 36.57	100m: 1:16.34 (39.77)				
11	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		310	1:16.38	98.43%
	50m: 36.61	100m: 1:16.38 (39.77)				
12	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		304	1:16.84	98.51%
	50m: 36.87	100m: 1:16.84 (39.97)				
13	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		301	1:17.15	108.81%
	50m: 36.85	100m: 1:17.15 (40.30)				
14	India Linnea Bech	2011 Havnar Svímjifelag		297	1:17.45	100.68%
	50m: 37.12	100m: 1:17.45 (40.33)				
15	Sólfríð H. Johannessen	2013 Ægir		268	1:20.18	104.64%
	50m: 37.82	100m: 1:20.18 (42.36)				
16	Randi Brim Hvidbro	2012 Ægir		259	1:21.07	110.17%
	50m: 39.16	100m: 1:21.07 (41.91)				
17	Hanna Lilja Jacobsen	2015 Ægir		221	1:25.44	112.83%
	50m: 39.88	100m: 1:25.44 (45.56)				
18	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		214	1:26.43	117.43%
	50m: 40.86	100m: 1:26.43 (45.57)				
19	Thorborg Joensen	2014 Havnar Svímjifelag		207	1:27.35	99.12%
	50m: 42.38	100m: 1:27.35 (44.97)				
20	Jonna Steinberg Joensen	2014 Ægir		179	1:31.74	112.97%
	50m: 44.36	100m: 1:31.74 (47.38)				
21	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		176	1:32.20	113.83%
	50m: 45.91	100m: 1:32.20 (46.29)				
22	Urd Jákupsdóttir	2015 Havnar Svímjifelag		148	1:37.60	100.78%
	50m: 45.59	100m: 1:37.60 (52.01)				
23	Anna K. Lydersen	2013 Ægir		143	1:38.81	116.17%
	50m: 46.46	100m: 1:38.81 (52.35)				
24	Annabella Annbriardóttir Henri	2014 Havnar Svímjifelag		136	1:40.33	97.10%
	50m: 45.18	100m: 1:40.33 (55.15)				
25	Mira Sumberg	2014 Havnar Svímjifelag		117	1:45.50	112.34%
	50m: 48.63	100m: 1:45.50 (56.87)				
26	Ingeborg Vinther	2015 Suðuroyar Svímjifelag		109	1:48.25	110.90%
	50m: 47.91	100m: 1:48.25 (1:00.34)				

Kapping 13, 100m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
27	Guðrun Fornagarð	2013 Suðuroyar Svímjifelag	78		2:00.84	102.07%
	50m: 55.90	100m: 2:00.84 (1:04.94)				

Kapping almenn: 1/10/2026 11:51:52 AM

Kapping 14, 100m Frí Menn - Final

FAR	51.84	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Samorin (SVK)	6/28/2025
FAR.JR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	7/10/2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag	651		53.52	97.75%
	50m: 25.97	100m: 53.52 (27.55)				
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	446		1:00.69	100.52%
	50m: 28.91	100m: 1:00.69 (31.78)				
3	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	381		1:03.96	98.25%
	50m: 29.66	100m: 1:03.96 (34.30)				
4	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	348		1:05.96	102.11%
	50m: 32.63	100m: 1:05.96 (33.33)				
5	Nóa Róason Stakksund	2011 Havnar Svímjifelag	330		1:07.09	103.98%
	50m: 32.07	100m: 1:07.09 (35.02)				
6	Símun Eliassen	2011 Havnar Svímjifelag	326		1:07.35	105.45%
	50m: 32.58	100m: 1:07.35 (34.77)				
7	Dávur Eið	2012 Suðuroyar Svímjifelag	317		1:08.05	104.75%
	50m: 33.14	100m: 1:08.05 (34.91)				
8	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag	266		1:12.07	122.24%
	50m: 34.88	100m: 1:12.07 (37.19)				
9	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag	261		1:12.59	108.28%
	50m: 34.33	100m: 1:12.59 (38.26)				
10	Kian Sairold Villanueva	2013 Fuglafjarðar Svímjifelag	257		1:12.98	110.18%
	50m: 34.33	100m: 1:12.98 (38.65)				
11	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag	254		1:13.23	113.01%
	50m: 34.91	100m: 1:13.23 (38.32)				
12	Elias í Lágabø	2014 Suðuroyar Svímjifelag	235		1:15.16	102.60%
	50m: 35.55	100m: 1:15.16 (39.61)				
13	Sævar Strøm	2014 Suðuroyar Svímjifelag	170		1:23.73	102.07%
	50m: 38.18	100m: 1:23.73 (45.55)				
14	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag	169		1:23.77	98.79%
	50m: 40.67	100m: 1:23.77 (43.10)				
15	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag	150		1:27.32	109.77%
	50m: 41.09	100m: 1:27.32 (46.23)				
16	Ian Strøm	2015 Suðuroyar Svímjifelag	148		1:27.69	111.82%
	50m: 40.66	100m: 1:27.69 (47.03)				
17	Tien Rasmussen	2012 Havnar Svímjifelag	144		1:28.40	99.78%
	50m: 41.89	100m: 1:28.40 (46.51)				
18	Bárður Rógvason	2013 Suðuroyar Svímjifelag	137		1:30.00	109.31%
	50m: 41.32	100m: 1:30.00 (48.68)				
19	Benjamin Clementsen	2012 Suðuroyar Svímjifelag	131		1:31.17	111.46%
	50m: 40.84	100m: 1:31.17 (50.33)				
20	Jonnhard Winther	2015 Suðuroyar Svímjifelag	122		1:33.37	99.72%
	50m: 43.45	100m: 1:33.37 (49.92)				
21	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag	102		1:39.10	112.66%
	50m: 45.24	100m: 1:39.10 (53.86)				
-	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag			DNS	
-	Teitur Miné Róason	2011 Havnar Svímjifelag			DNS	

Kapping almenn: 1/10/2026 11:59:33 AM

Kapping 15, 200m Rygg Kvinnur - Final



FAR 2:14.01 Signhild Joensen 2000 Ægir Klaksvík (FRO) Broenshoej (DEN) 4/5/2017
FAR.JR 2:14.01 Signhild Joensen 2000 Ægir Klaksvík (FRO) Broenshoej (DEN) 4/5/2017

Raðf	Navn	Føðia Felag			R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag				490	2:36.16	93.78%
	50m: 38.21	100m: 1:21.03	(42.82)	150m: 1:57.87	(36.84)	200m: 2:36.16	(38.29)	
2	Jórun Winther	2011 Suðuroyar Svímjifelag				371	2:51.30	92.71%
	50m: 40.62	100m: 1:23.69	(43.07)	150m: 2:08.06	(44.37)	200m: 2:51.30	(43.24)	
3	Lea í Trøðini	2011 Suðuroyar Svímjifelag				267	3:11.11	118.69%
	50m: 44.73	100m: 1:32.77	(48.04)	150m: 2:22.21	(49.44)	200m: 3:11.11	(48.90)	
Kapping almenn: 1/10/2026 12:04:22 PM								

Kapping almenn: 1/10/2026 12:04:22 PM

Kapping 16, 200m Rygg Menn - Final

FAR 2:04.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 7/6/2012
FAR.JR 2:04.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 7/6/2012

Raðf	Navn	Føðia Felag		R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Ægir			404	2:31.34	86.13%
	50m: 36.84	100m: 1:15.29	(38.45)	150m: 1:53.46	(38.17)	200m: 2:31.34	(37.88)
2	Terji Kjærbo	2012 Suðuroyar Svímjifelag			295	2:48.04	110.03%
	50m: 39.78	100m: 1:23.92	(44.14)	150m: 2:07.48	(43.56)	200m: 2:48.04	(40.56)
3	Jónatan Samuelsen	2010 Havnar Svímjifelag			289	2:49.09	97.76%
	50m: 41.10	100m: 1:25.67	(44.57)	150m: 2:09.08	(43.41)	200m: 2:49.09	(40.01)

Kapping almenn: 1/10/2026 12:08:47 PM

Kapping 17, 50m Bringu Kvinnur - Final

FAR 33.11 Lea Osberg Højsted 2008 Ægir Klaksvík (FRO) Torshavn (FRO) 4/24/2025
FAR.JR 33.11 Lea Osberg Højsted 2008 Ægir Klaksvík (FRO) Torshavn (FRO) 4/24/2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Ægir		539	35.81	91.85%
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		504	36.64	99.45%
3	Talita Johannesen	2010 Suðuroyar Svímjifelag		398	39.63	94.94%
4	Emma Debes	2010 Suðuroyar Svímjifelag		370	40.59	107.52%
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		328	42.25	93.50%
6	Durita Mohr Askham	2008 Ægir		327	42.32	94.23%
7	Lea Petersen	2009 Ægir		280	44.54	90.08%
8	India Linnea Bech	2011 Havnar Svímjifelag		271	45.04	98.31%
9	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		266	45.31	107.44%
10	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		266	45.34	98.50%
11	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		215	48.60	96.38%
12	Delaila H. Gregersen	2013 Ægir		210	49.01	114.45%
13	Sólfríð H. Johannessen	2013 Ægir		182	51.41	102.48%
14	Viktoria Klettskarð	2013 Ægir		176	52.03	106.69%
15	Urd Jákupsdóttir	2015 Havnar Svímjifelag		152	54.60	95.50%
16	Ingeborg Vinther	2015 Suðuroyar Svímjifelag		127	57.92	110.38%
17	Annabella Annbriðardóttur Henri	2014 Havnar Svímjifelag		122	58.72	91.78%
18	Anna K. Lydersen	2013 Ægir		113	1:00.26	115.68%
19	Thorborg Joensen	2014 Havnar Svímjifelag		111	1:00.67	97.76%
20	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		93	1:04.18	111.29%
21	Mia Winther	2017 Suðuroyar Svímjifelag		91	1:04.68	106.55%
22	Mira Sumberg	2014 Havnar Svímjifelag		82	1:06.97	103.54%
23	Lea Kiana Gudmundsen	2016 Suðuroyar Svímjifelag		69	1:10.85	
24	Guðrun Fornagarð	2013 Suðuroyar Svímjifelag		51	1:18.39	91.77%

Kapping 17, 50m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
	- Hanna Højbro	2014 Ægir			DSQ	
	SW 7.1. 2 undirvatnstøk					
	- Elisabet Leivsdóttir	2014 Havnar Svímjifelag			DSQ	
	SW 7.1. 2 undirvatnstøk					
	- Mariella Annbriðardóttur Henriks	2010 Havnar Svímjifelag			DNS	
	Kapping almenn: 1/10/2026 2:01:26 PM					

Kapping 18, 50m Bringu Menn - Final

FAR	29.09	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Samorin (SVK)	6/26/2025	
FAR.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	4/17/2016	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		609	30.60	102.14%
2	Fróði Hansen	2008 Ægir		587	30.99	99.35%
3	Heini Mohr Askham	2006 Ægir		532	32.01	95.90%
4	Dávur Eið	2012 Suðuroyar Svímjifelag		249	41.22	109.94%
5	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		246	41.38	109.15%
6	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag		229	42.36	120.30%
7	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		197	44.58	108.06%
8	Elias í Lágabø	2014 Suðuroyar Svímjifelag		186	45.46	107.22%
9	Kian Sairold Villanueva	2013 Fuglafjarðar Svímjifelag		180	45.95	131.17%
10	Tien Rasmussen	2012 Havnar Svímjifelag		165	47.27	110.74%
11	Sævar Strøm	2014 Suðuroyar Svímjifelag		160	47.74	101.36%
12	Ian Strøm	2015 Suðuroyar Svímjifelag		123	52.13	108.50%
13	Benjamin Clementsen	2012 Suðuroyar Svímjifelag		119	52.74	114.38%
14	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		109	54.28	109.03%
15	Bárður Rógvason	2013 Suðuroyar Svímjifelag		100	55.90	114.16%
16	Jonnhard Winther	2015 Suðuroyar Svímjifelag		68	1:03.41	98.80%
17	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		66	1:04.11	107.80%
18	Aron í Trøðini	2016 Suðuroyar Svímjifelag		62	1:05.54	105.49%
-	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag			DNS	
Kapping almenn: 1/10/2026 2:06:34 PM						

Kapping 19, 100m Firvald Kvinnur - Final

FAR	1:04.58	Poula Mohr	1995 Fuglafjarðar Svímjifelag (F)	Barcelona (ESP)	7/28/2013	
FAR.JR	1:04.75	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Vagur (FRO)	3/11/2016	
Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Ægir		494	1:09.76	95.82%
	50m: 33.45	100m: 1:09.76 (36.31)				
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		380	1:16.18	96.78%
	50m: 35.45	100m: 1:16.18 (40.73)				
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		260	1:26.43	95.63%
	50m: 40.16	100m: 1:26.43 (46.27)				
4	Emma Debes	2010 Suðuroyar Svímjifelag		243	1:28.34	96.70%
	50m: 41.05	100m: 1:28.34 (47.29)				
5	Talita Johannesen	2010 Suðuroyar Svímjifelag		242	1:28.50	
	50m: 40.73	100m: 1:28.50 (47.77)				
6	Lea í Trøðini	2011 Suðuroyar Svímjifelag		179	1:37.76	
	50m: 41.58	100m: 1:37.76 (56.18)				
Kapping almenn: 1/10/2026 2:09:38 PM						

Kapping 20, 100m Firvald Menn - Final

FAR 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 7/7/2012
 FAR.JR 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 7/7/2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Ægir		473	1:03.44	94.13%
	50m: 30.49	100m: 1:03.44 (32.95)				
2	Theodor Salter	2011 Havnar Svímjifelag		431	1:05.45	104.17%
	50m: 32.02	100m: 1:05.45 (33.43)				
3	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		317	1:12.48	94.94%
	50m: 33.62	100m: 1:12.48 (38.86)				
4	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		312	1:12.89	100.96%
	50m: 34.34	100m: 1:12.89 (38.55)				
5	Tórir Olsen	2011 Ægir		300	1:13.84	
	50m: 33.80	100m: 1:13.84 (40.04)				
6	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		295	1:14.22	99.84%
	50m: 33.34	100m: 1:14.22 (40.88)				
7	Terji Kjærbo	2012 Suðuroyar Svímjifelag		210	1:23.11	118.81%
	50m: 37.10	100m: 1:23.11 (46.01)				
8	Nóa Róason Stakksund	2011 Havnar Svímjifelag		169	1:29.38	103.66%
	50m: 42.68	100m: 1:29.38 (46.70)				
9	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		167	1:29.73	103.38%
	50m: 41.23	100m: 1:29.73 (48.50)				
-	Símun Eliassen	2011 Havnar Svímjifelag			DNS	

Kapping almenn: 1/10/2026 2:14:19 PM

Kapping 21, 200m Frí Kvinnur - Final

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 7/8/2016
 FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 7/8/2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Ægir		517	2:19.82	95.84%
	50m: 32.59	100m: 1:08.24 (35.65) 150m: 1:44.40 (36.16)			200m: 2:19.82 (35.42)	
2	Jórun Winther	2011 Suðuroyar Svímjifelag		473	2:24.04	95.85%
	50m: 33.22	100m: 1:10.21 (36.99) 150m: 1:47.36 (37.15)			200m: 2:24.04 (36.68)	
3	Lea Petersen	2009 Ægir		322	2:43.70	83.07%
	50m: 37.13	100m: 1:18.45 (41.32) 150m: 2:01.14 (42.69)			200m: 2:43.70 (42.56)	
4	Lilja Sørensen	2011 Havnar Svímjifelag		310	2:45.66	97.26%
	50m: 38.26	100m: 1:20.84 (42.58) 150m: 2:05.09 (44.25)			200m: 2:45.66 (40.57)	
5	India Linnea Bech	2011 Havnar Svímjifelag		305	2:46.70	102.91%
	50m: 38.49	100m: 1:22.02 (43.53) 150m: 2:05.69 (43.67)			200m: 2:46.70 (41.01)	
6	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		302	2:47.18	97.47%
	50m: 38.42	100m: 1:21.00 (42.58) 150m: 2:04.35 (43.35)			200m: 2:47.18 (42.83)	
7	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		302	2:47.19	109.09%
	50m: 37.74	100m: 1:19.80 (42.06) 150m: 2:04.02 (44.22)			200m: 2:47.19 (43.17)	
8	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		197	3:12.66	90.25%
	50m: 41.06	100m: 1:29.27 (48.21) 150m: 2:23.89 (54.62)			200m: 3:12.66 (48.77)	
9	Randi Brim Hvidbro	2012 Ægir		193	3:13.91	104.87%
	50m: 42.81	100m: 1:34.14 (51.33) 150m: 2:24.98 (50.84)			200m: 3:13.91 (48.93)	
10	Hanna Lilja Jacobsen	2015 Ægir		192	3:14.44	106.05%
	50m: 43.22	100m: 1:35.76 (52.54) 150m: 2:28.28 (52.52)			200m: 3:14.44 (46.16)	
11	Thorborg Joensen	2014 Havnar Svímjifelag		179	3:18.92	95.97%
	50m: 44.24	100m: 1:35.18 (50.94) 150m: 2:27.82 (52.64)			200m: 3:18.92 (51.10)	
12	Urd Jákupsdóttir	2015 Havnar Svímjifelag		143	3:34.29	94.26%
	50m: 47.68	100m: 1:42.20 (54.52) 150m: 2:39.29 (57.09)			200m: 3:34.29 (55.00)	
13	Mira Sumberg	2014 Havnar Svímjifelag		131	3:40.43	93.54%
	50m: 50.62	100m: 1:50.22 (59.60) 150m: 2:50.01 (59.79)			200m: 3:40.43 (50.42)	

Kapping 21, 200m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
14	Annabella Annbrittardóttir Henri	2014 Havnar Svímjifelag		128	3:42.30	96.32%
	50m: 46.30	100m: 1:45.04 (58.74)	150m: 2:43.63 (58.59)	200m: 3:42.30 (58.67)		

Kapping almenn: 1/10/2026 2:26:01 PM

Kapping 22, 200m Frí Menn - Final

FAR	1:48.98	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	3/23/2012
FAR.JR	1:52.17	Líggjas Joensen	2008 Ægir Klaksvik (FRO)	Samorin (SVK)	7/1/2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Ægir		478	2:10.38	95.60%
	50m: 29.41	100m: 1:01.79 (32.38)	150m: 1:36.61 (34.82)	200m: 2:10.38 (33.77)		
2	Fróði Hansen	2008 Ægir		463	2:11.79	93.23%
	50m: 27.21	100m: 58.21 (31.00)	150m: 1:35.20 (36.99)	200m: 2:11.79 (36.59)		
3	Jónatan Samuelsen	2010 Havnar Svímjifelag		342	2:25.72	100.23%
	50m: 32.59	100m: 1:10.15 (37.56)	150m: 1:48.78 (38.63)	200m: 2:25.72 (36.94)		
4	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		240	2:44.07	104.48%
	50m: 37.19	100m: 1:18.80 (41.61)	150m: 2:02.14 (43.34)	200m: 2:44.07 (41.93)		
5	Kian Sairold Villanueva	2013 Fuglafjarðar Svímjifelag		224	2:47.77	105.22%
	50m: 37.84	100m: 1:21.59 (43.75)	150m: 2:05.97 (44.38)	200m: 2:47.77 (41.80)		
6	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag		222	2:48.41	88.91%
	50m: 38.37	100m: 1:21.28 (42.91)	150m: 2:07.69 (46.41)	200m: 2:48.41 (40.72)		
7	Tien Rasmussen	2012 Havnar Svímjifelag		142	3:15.47	102.79%
	50m: 45.03	100m: 1:36.54 (51.51)	150m: 2:30.22 (53.68)	200m: 3:15.47 (45.25)		
8	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		100	3:39.51	108.24%
	50m: 47.98	100m: 1:47.47 (59.49)	150m: 2:44.48 (57.01)	200m: 3:39.51 (55.03)		
-	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag			DNS	
-	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag			DNS	

Kapping almenn: 1/10/2026 2:33:32 PM

Kapping 24, 400m Blandað Menn - Final

FAR	4:30.17	Alvi Hjelm	1996 Ægir Klaksvik (FRO)	Broenshoej (DEN)	4/15/2016
FAR.JR	4:41.42	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Amsterdam (NED)	12/14/2014

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		346	5:45.37	
	50m: 36.63	100m: 1:20.30 (43.67)	150m: 2:07.47 (47.17)	200m: 2:52.77 (45.30)		
	250m: 3:42.59 (49.82)	300m: 4:32.98 (50.39)	350m: 5:10.23 (37.25)	400m: 5:45.37 (35.14)		
2	Dávur Eið	2012 Suðuroyar Svímjifelag		273	6:13.69	
	50m: 44.31	100m: 1:38.13 (53.82)	150m: 2:27.06 (48.93)	200m: 3:14.20 (47.14)		
	250m: 4:06.20 (52.00)	300m: 4:56.15 (49.95)	350m: 5:36.01 (39.86)	400m: 6:13.69 (37.68)		
-	Nóa Róason Stakksund	2011 Havnar Svímjifelag			DSQ	
	SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)					

Kapping almenn: 1/10/2026 3:00:12 PM

Kapping 25, 50m Frí Kvinnur - Final

FAR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	4/15/2018
FAR.JR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	4/15/2018

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Ægir		522	29.31	94.34%
2	Jórun Winther	2011 Suðuroyar Svímjifelag		519	29.37	97.56%
3	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		453	30.73	96.43%
4	Emma Debes	2010 Suðuroyar Svímjifelag		429	31.30	96.36%
5	Talita Johannesen	2010 Suðuroyar Svímjifelag		407	31.85	100.93%
6	Durita Mohr Askham	2008 Ægir		404	31.92	91.76%
7	Jóhanna Ólavsdóttir	2007 Ægir		401	32.01	93.58%

Kapping 25, 50m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
8	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		363	33.08	97.93%
9	Lea Petersen	2009 Ægir		351	33.46	89.68%
10	Lilja Sørensen	2011 Havnar Svímjifelag		333	34.05	97.19%
11	Lea í Trøðini	2011 Suðuroyar Svímjifelag		325	34.31	102.11%
12	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		293	35.52	103.84%
13	Sólfríð H. Johannessen	2013 Ægir		269	36.54	100.41%
14	Hanna Lilja Jacobsen	2015 Ægir		268	36.59	107.44%
15	Randi Brim Hvidbro	2012 Ægir		267	36.63	108.99%
16	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		230	38.48	113.18%
17	Jonna Steinberg Joensen	2014 Ægir		223	38.91	109.53%
18	Viktoria Klettskarð	2013 Ægir		220	39.10	108.04%
19	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		214	39.43	114.76%
20	Thorborg Joensen	2014 Havnar Svímjifelag		213	39.50	96.22%
21	Urd Jákupsdóttir	2015 Havnar Svímjifelag		167	42.84	97.88%
22	Annabella Annbriardóttur Henri	2014 Havnar Svímjifelag		145	44.88	87.49%
23	Anna K. Lydersen	2013 Ægir		141	45.26	111.48%
24	Ingeborg Vinther	2015 Suðuroyar Svímjifelag		126	47.07	102.79%
25	Mia Winther	2017 Suðuroyar Svímjifelag		120	47.85	100.64%
26	Mira Sumberg	2014 Havnar Svímjifelag		116	48.41	94.69%
27	Lea Kiana Gudmundsen	2016 Suðuroyar Svímjifelag		96	51.39	106.50%
28	Guðrun Fornagarð	2013 Suðuroyar Svímjifelag		84	53.78	117.19%
29	Hanna Højbro	2014 Ægir		84	53.79	
	- Delaila H. Gregersen	2013 Ægir			DSQ	
	SW 4.4. Tjónstari (startari og yvirdómari skulu vera samdir)					
	- Rakul J Højbro	2011 Fuglafjarðar Svímjifelag			DSQ	
	SW 4.4. Tjónstari (startari og yvirdómari skulu vera samdir)					
	- Mariella Annbriardóttur Henriks	2010 Havnar Svímjifelag			DNS	

Kapping almenn: 1/10/2026 3:10:03 PM

Kapping 26, 50m Frí Menn - Final

FAR 23.48 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 7/13/2012
 FAR.JR 23.48 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 7/13/2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Ægir		557	25.40	98.48%
2	Fróði Hansen	2008 Ægir		511	26.15	100.15%
3	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		503	26.28	102.92%
4	Tórir Olsen	2011 Ægir		438	27.53	99.96%
5	Theodor Salter	2011 Havnar Svímjifelag		435	27.58	108.40%
6	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		387	28.69	96.05%
7	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		381	28.83	96.63%
8	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		360	29.38	102.62%
9	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag		293	31.47	112.07%
10	Kian Saiold Villanueva	2013 Fuglafjarðar Svímjifelag		274	32.16	111.75%
11	Elias í Lágabø	2014 Suðuroyar Svímjifelag		249	33.20	103.32%
12	Tien Rasmussen	2012 Havnar Svímjifelag		246	33.35	109.74%

Kapping 26, 50m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
13	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		238	33.74	105.28%
14	Sævar Strøm	2014 Suðuroyar Svímjifelag		203	35.56	100.70%
15	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		184	36.71	112.05%
16	Ian Strøm	2015 Suðuroyar Svímjifelag		155	38.90	102.53%
17	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		151	39.21	98.87%
18	Jonnhard Winther	2015 Suðuroyar Svímjifelag		150	39.32	105.44%
19	Benjamin Clementsen	2012 Suðuroyar Svímjifelag		145	39.79	105.71%
20	Bárður Rógvason	2013 Suðuroyar Svímjifelag		140	40.20	106.40%
21	Aron Í Trøðini	2016 Suðuroyar Svímjifelag		98	45.32	110.19%
22	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		96	45.62	102.52%
	- Símun Eliassen	2011 Havnar Svímjifelag			DNS	
	- Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag			DNS	
	- Teitur Miné Róason	2011 Havnar Svímjifelag			DNS	
	- Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag			DNS	

Kapping almenn: 1/10/2026 3:15:10 PM

Kapping 27, 100m Rygg Kvinnur - Final

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Bergen (NOR)	4/6/2019		
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	4/3/2017		
Raðf	Navn	Føðiá Felag		R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag			531	1:10.51	95.80%
	50m: 33.90	100m: 1:10.51	(36.61)				
2	Jórun Winther	2011 Suðuroyar Svímjifelag			440	1:15.10	97.00%
	50m: 36.95	100m: 1:15.10	(38.15)				
3	Jóhanna Ólavsdóttir	2007 Ægir			415	1:16.55	92.56%
	50m: 38.07	100m: 1:16.55	(38.48)				
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag			396	1:17.74	97.64%
	50m: 37.35	100m: 1:17.74	(40.39)				
5	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag			365	1:19.94	99.46%
	50m: 38.56	100m: 1:19.94	(41.38)				
6	Durita Mohr Askham	2008 Ægir			333	1:22.36	93.56%
	50m: 40.23	100m: 1:22.36	(42.13)				
7	Lilja Sørensen	2011 Havnar Svímjifelag			284	1:26.86	100.65%
	50m: 42.51	100m: 1:26.86	(44.35)				
8	Randi Brim Hvidbro	2012 Ægir			268	1:28.54	118.05%
	50m: 43.19	100m: 1:28.54	(45.35)				
9	Noomi Hella Jacobsen	2012 Havnar Svímjifelag			267	1:28.70	99.00%
	50m: 43.05	100m: 1:28.70	(45.65)				
10	Lea í Trøðini	2011 Suðuroyar Svímjifelag			263	1:29.07	103.38%
	50m: 43.27	100m: 1:29.07	(45.80)				
11	Jonna Steinberg Joensen	2014 Ægir			168	1:43.38	104.30%
	50m: 50.23	100m: 1:43.38	(53.15)				
12	Elisabet Leivsdóttir	2014 Havnar Svímjifelag			160	1:45.21	96.20%
	50m: 49.17	100m: 1:45.21	(56.04)				
13	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag			135	1:51.25	108.02%
	50m: 55.98	100m: 1:51.25	(55.27)				
14	Ingeborg Vinther	2015 Suðuroyar Svímjifelag			101	2:02.56	92.56%
	50m: 57.72	100m: 2:02.56	(1:04.84)				
-	Thorborg Joensen	2014 Havnar Svímjifelag				DSQ	
	SW 6.4. Ikki varandi rørsla á búkinum í vend						

Kapping almenn: 1/10/2026 3:27:00 PM

Kapping 28, 100m Rygg Menn - Final

FAR 56.64 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 7/15/2012
 FAR.JR 56.64 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 7/15/2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		480	1:05.86	94.81%
	50m: 31.45	100m: 1:05.86 (34.41)				
2	Terji Kjærbo	2012 Suðuroyar Svímjifelag		298	1:17.24	112.68%
	50m: 36.59	100m: 1:17.24 (40.65)				
3	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		232	1:23.96	111.16%
	50m: 41.10	100m: 1:23.96 (42.86)				
4	Elias í Lágabø	2014 Suðuroyar Svímjifelag		216	1:25.89	102.81%
	50m: 43.05	100m: 1:25.89 (42.84)				
5	Kian Sairold Villanueva	2013 Fuglafjarðar Svímjifelag		211	1:26.58	108.00%
	50m: 42.92	100m: 1:26.58 (43.66)				
6	Sævar Strøm	2014 Suðuroyar Svímjifelag		157	1:35.59	109.97%
	50m: 47.42	100m: 1:35.59 (48.17)				
7	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		156	1:35.74	104.61%
	50m: 47.84	100m: 1:35.74 (47.90)				
8	Benjamin Clementsen	2012 Suðuroyar Svímjifelag		149	1:37.24	111.39%
	50m: 47.70	100m: 1:37.24 (49.54)				
9	Jonnhard Winther	2015 Suðuroyar Svímjifelag		148	1:37.55	107.05%
	50m: 49.35	100m: 1:37.55 (48.20)				
10	Bárður Rógvason	2013 Suðuroyar Svímjifelag		114	1:46.12	105.63%
	50m: 51.61	100m: 1:46.12 (54.51)				
-	Símun Eliassen	2011 Havnar Svímjifelag			DNS	

Kapping almenn: 1/10/2026 3:30:15 PM

Kapping 29, 200m Bringu Kvinnur - Final

FAR 2:36.32 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Kobenhavn (DEN) 4/8/2025
 FAR.JR 2:36.32 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Kobenhavn (DEN) 4/8/2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Talita Johannesen	2010 Suðuroyar Svímjifelag		325	3:19.96	85.95%
	50m: 46.88	100m: 1:38.86 (51.98) 150m: 2:30.72 (51.86)			200m: 3:19.96 (49.24)	
2	India Linnea Bech	2011 Havnar Svímjifelag		315	3:22.03	102.96%
	50m: 46.05	100m: 1:39.13 (53.08) 150m: 2:31.19 (52.06)			200m: 3:22.03 (50.84)	
3	Urd Jákupsdóttir	2015 Havnar Svímjifelag		164	4:10.85	98.88%
	50m: 55.98	100m: 2:01.88 (1:05.90) 150m: 3:06.33 (1:04.45)			200m: 4:10.85 (1:04.52)	
4	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		149	4:19.25	94.67%
	50m: 57.36	100m: 2:05.35 (1:07.99) 150m: 3:12.99 (1:07.64)			200m: 4:19.25 (1:06.26)	
-	Annabella Annbriardóttur Henri	2014 Havnar Svímjifelag			DNS	
-	Mariella Annbriardóttur Henriks	2010 Havnar Svímjifelag			DNS	
-	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag			DNS	
-	Mira Sumberg	2014 Havnar Svímjifelag			DNS	

Kapping almenn: 1/10/2026 3:37:04 PM

Kapping 30, 200m Bringu Menn - Final

FAR 2:21.71 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Bergen (NOR) 5/31/2015
 FAR.JR 2:23.72 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Laugardalslaug (ISL) 1/24/2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Tórir Olsen	2011 Ægir		289	3:09.75	92.73%
	50m: 41.61	100m: 1:32.72 (51.11) 150m: 2:22.30 (49.58)			200m: 3:09.75 (47.45)	
2	Jónatan Samuelsen	2010 Havnar Svímjifelag		287	3:10.03	
	50m: 44.75	100m: 1:34.08 (49.33) 150m: 2:22.12 (48.04)			200m: 3:10.03 (47.91)	
3	Dávur Eið	2012 Suðuroyar Svímjifelag		258	3:16.91	109.91%
	50m: 46.29	100m: 1:37.54 (51.25) 150m: 2:29.23 (51.69)			200m: 3:16.91 (47.68)	



Kapping 30, 200m Bringu Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
-	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag			DNS	
-	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag			DNS	

Kapping almenn: 1/10/2026 3:39:54 PM