

Aegir, Suduroyar and Havnar swim clubs: with the supervision of the Faroe Islands swimming association (SSF) invite to convivial:

1st. Swimming Grand prix of Faroe Islands

Place and dates: 1st. of June Klaksvik.
8 of June Suduroy.
15 of June Torshavn.

Competition system and trials: The trials will be 50s crawl, backstroke, breaststroke and butterfly in Klaksvik and Torshavn.

100s crawl, backstroke, breaststroke and butterfly to Suduroy (Also double punctuation to Suduroy).

Girls	trials	Boys
Event 1	50-100 Crawl	Event 2
Event 3	50-100 Backstroke	Event 4
Event 5	50-100 Breastroke	Event 6
Event 7	50-100 Butterfly	Event 8

Participants: will compete in a direct final, seeded according to entry times and award punctuation going to set in depends of their age born categories. Each event accumulates punctuation as:

place	points
1	30
2	27
3	25
4	23
5	21
6	19
7	17
8	15
9	13
10	11
11	9
12	7
13	5
14	3
All others	1

Klaksvik 1st of June: Warmup 12:00 hrs; competition start at 13:00 hrs. Swimmers are invited to report directly in the start-block three heats before their respective turn.

Entries are to be sent to aegirsvim@outlook.com before 31/05-2019 18:00.

Rannvá Sigfríðsdóttir
President Aegir.

Dr. Juan Jaime Arroyo Toledo
Head Coach Aegir.