



Invitation to Ægir Open in Klaksvík

Saturday 21th - Sunday 22th of October 2017

Meet manager - Rannvá Sigfríðsdóttir

Referee - Katja Lervig og Elin Matras

Saturday morning 21th of October

Warm up at 08:30

Heats at 10.00

- 1 100m Medley Women
- 2 100m Medley Men
- 3 400m Freestyle Women
- 4 400m Freestyle Men
- 5 100m Backstroke Women
- 6 100m Backstroke Men
- 10 min. Break
- 7 100m Breaststroke Women
- 8 100m Breaststroke Men
- 9 200m Butterfly Women
- 10 200m Butterfly Men
- 11 50m Freestyle Women
- 12 50m Freestyle Men
- 10 min. Break
- 13 4X100m Medley Women
- 14 4X100m Medley Men

Saturday evening 21th of October

Warm up at 15:45

Heats at 17.00

- 15 100m Freestyle Women
- 16 100m Freestyle Men
- 17 200m Medley Women
- 18 200m Medley Men
- 10 min. Break
- 19 200m Backstroke Women
- 20 200m Backstroke Men
- 21 100m Butterfly Women
- 22 100m Butterfly Men
- 23 50m Breaststroke Women
- 24 50m Breaststroke Men
- 10 min. Break
- 25 4X50m Medley Women
- 26 4X50m Medley Men



Sunday 22th of October

Warm up at 12.15

Heats at 13:30

- 27 1500m Freestyle Women (Max. 1 heat – 6 swimmers)
- 28 800m Freestyle Men (Max. 2 heats – 12 swimmers)
- 29 200m Breaststroke Women
- 30 200m Breaststroke Men
- 31 50m Backstroke Women
- 32 50m Backstroke Men
- 10 min. Break
- 33 200m Freestyle Women
- 34 200m Freestyle Men
- 35 400m Medley Women
- 36 400m Medley Men
- 37 50m Butterfly Women
- 38 50m Butterfly Men
- 10 min. Break
- 39 4X50m Freestyle Women
- 40 4X50m Freestyle Men

Registrations have to be sent to: aegirsvim@outlook.com before **Tuesday 17th of October 2017**

Ægir Open 2017 has access to Livetiming on: <http://livetiming.se/index.php?cid=3534>

Grodan file and invitation is available on: http://livetiming.se/file_archive.php?cid=3534

ALL TEAMS MUST HAVE 3 OFFICIALS FOR EACH SESSION.

Best Regards
Svimjifelagið Ægir.