

Aegir, Suduroyar and Havnar swim clubs: with the supervision of the Faroe Islands swimming association (SSF) invite to convivial:

## 1st. Swimming Grand prix of Faroe Islands

Place and dates: 1st. of June Klaksvik.  
8 of June Suduroy.  
15 of June Torshavn.

Competition system and trials: The trials will be 50s crawl, backstroke, breastroke and butterfly in Klaksvik and Torshavn.

100s crawl, backstroke, breastroke and butterfly to Suduroy (Also double punctuation to Suduroy).

| Girls   | trials            | Boys    |
|---------|-------------------|---------|
| Event 1 | 50-100 Crawl      | Event 2 |
| Event 3 | 50-100 Backstroke | Event 4 |
| Event 5 | 50-100 Breastroke | Event 6 |
| Event 7 | 50-100 Butterfly  | Event 8 |

Participants: will compete in a direct final, seeded according to entry times and award punctuation going to set in depends of their age born categories. Each event accumulates punctuation as:

| place      | points |
|------------|--------|
| 1          | 30     |
| 2          | 27     |
| 3          | 25     |
| 4          | 23     |
| 5          | 21     |
| 6          | 19     |
| 7          | 17     |
| 8          | 15     |
| 9          | 13     |
| 10         | 11     |
| 11         | 9      |
| 12         | 7      |
| 13         | 5      |
| 14         | 3      |
| All others | 1      |
|            |        |

Vágur 8<sup>th</sup> of June: Warmup 09:30 hrs; competition start at 10:30 hrs. Swimmers are invited to report directly in the start-block three heats before their respective turn.

**Entries are to be sent to [atlivester@hotmail.com](mailto:atlivester@hotmail.com) before 06/06-2019 22:00.**

**Marlon Kjærbo**  
President SuSvim.

**Pedro Prazeres**  
Head Coach SuSvim.